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ARTICLE INFORMATION	Fill in information in each box below
<b>Article Type</b>	Research article
<b>Article Title (within 20 words without abbreviations)</b>	Potentials of <i>Phyllanthus amarus</i> , <i>Viscum album</i> and <i>Moringa oleifera</i> supplements to mitigate heat stress in female rabbits in humid tropics
<b>Running Title (within 10 words)</b>	Physiology of Does influenced by tropical herbs in humid Tropics
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<p><b>Authors' contributions</b></p> <p>Please specify the authors' role using this form.</p>	<p>Conceptualization: Jimoh O.A., Adesina F.P.</p> <p>Data curation: Jimoh O.A., Olakanye B.O.</p> <p>Formal analysis: Ajewole A.M., Adetifa J.S</p> <p>Methodology: Jimoh O.A., Akinbuyide S.O., Mayowa A.O., Jimoh A.A.</p> <p>Software: Adetifa J.S., Akinbuyide S.O.</p> <p>Validation: Jimoh A.A., Olakanye B.O.</p> <p>Investigation: Jimoh O.A., Mayowa A.O., Adesina F.P.</p> <p>Writing - original draft: Jimoh O.A., Ajewole A.M.</p> <p>Writing - review &amp; editing: Jimoh O.A..</p>
<p><b>Ethics approval and consent to participate</b></p>	<p>Approval for the conduct of this research was obtained with Institutional Ethics Committee with IACUC approval no: - FPA/EC/21/035. Appropriate measures were taken to minimise pain or discomfort to the animals in line with the National Institute of Health guide for the care and use of Laboratory animals.</p>

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8 **Potentials of *Phyllanthus amarus*, *Viscum album* and *Moringa oleifera* supplements to mitigate heat stress**  
9 **in female rabbits in humid tropics**

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15 **Running title:** Physiology of Does influenced by tropical herbs in humid Tropics

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44 **Potentials of *Phyllanthus amarus*, *Viscum album* and *Moringa oleifera* supplements to mitigate heat stress in**  
45 **female rabbits in humid tropics**

46 **Abstract**

47 Global warming is a key challenge subjecting animals to heat stress conditions resulting in multiple physiological  
48 alterations in tropical climate. Dietary approach seems to be the more friendly approach to curb the adverse effects of  
49 heat stress in rabbits. Some herbs have been categorized to have high potential for promotion of immune responses  
50 for amelioration of heat stress. Thus, this research aims to evaluate the potential of Mistletoe (*Viscum album*), Moringa  
51 (*Moringa oleifera*) and Phyllanthus (*Phyllanthus amarus*) leaf meal as herbal supplements for the alleviation of heat  
52 stress in female rabbits by measuring improvement in sex and stress hormonal responses in serum biochemistry.

53 80 Rabbit does were exposed to 4 dietary groups supplemented with each of Mistletoe, Moringa, Phyllanthus and a  
54 control in an 84-day trial at the summit of thermal stress in South west Nigeria. Growth indices were monitored  
55 throughout the study, blood samples were compiled at the end of the trial to assess serum biochemistry, stress and sex  
56 hormonal responses of the Does using standard protocols.

57 The results revealed that final weight and weight gain of Does fed on Phyllanthus were significantly ( $p<0.05$ ) higher  
58 (11.46% and 14.25%, respectively) than Does on on control. The herbal supplements enhance glucose, protein,  
59 albumin and globulin, reduced cholesterol, and creatinine of Does under heat stress conditions. Among the herbal  
60 treatment groups, mistletoe, moringa and phyllanthus had 12.42%, 18.39% and 16.90%, respectively, lower  
61 corticosterone than control groups which had 39.76ng/ml. Triiodothyronine of Does fed control were significantly  
62 ( $p<0.05$ ) lower than Does on *Moringa oleifera* and *Phyllanthus amarus* supplements. Estradiol and Follicle  
63 stimulating hormone (FSH) of rabbit Does fed on moringa supplement were significantly ( $p<0.05$ ) higher other  
64 treatments.

65 In conclusion, the herbal supplements tend to mitigate the detrimental outcome of thermal stress on Does by  
66 suppressing stress hormones. *Moringa oleifera* and *Phyllanthus amarus* enhanced sex hormones while *Phyllanthus*  
67 *amarus* conferred growth promoting effects on the Does.

68 **Keyword:** Heat-stress; Rabbits; herbal supplements; nutritional intervention; Phyto gens

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71

72 **INTRODUCTION**

73 Current trends in global warming will cause hotter climate which will induce heat stress in rabbits [1]. Heat stressed  
74 rabbits has been reported to possess suboptimal productivity, compromised immunity, inefficient thermoregulatory  
75 system and subfertility [2], reduced thyroid hormones, secretion of corticosterone [3]. Environmental stress adversely  
76 influences the immunity of the animals and invokes inflammation [4], and inadequate productive and reproductive  
77 performances due to altered animal behaviour. Heat stress perturbs the normal condition of female sex steroids at  
78 hypothalamus and ovarian plane [5].

79 Herbs are good enhancer of follicular advancement and immune status [6], and they have beneficial effects on enteric  
80 and digestive enzyme status which increases appetite and production rate [7]. Thermal stress-induced oxidative  
81 damage could be mitigated by dietary supplementation of herbal additives to mitigate the detrimental incursions of  
82 environmental stress on animals [8]. There is a notion that natural feed additives ameliorate the negative effects on  
83 heat stress of animals by improving the immune system, oxidative status and pro-inflammatory cytokines on stressed  
84 rabbits due to the antioxidant, antimicrobial, and immune-booster effects of these herbal plants [4]. Wide range of  
85 natural feed resources have been evaluated for potentiality to counter negative impacts of heat stress with emphasis  
86 on practicality, safety and economical application [9]. Dietary Supplementation with suitable phytochemical-  
87 containing feed could potentially mitigate the deleterious impact of heat stress [10]. El-Desoky et al. [10] reported that  
88 phytogetic composite with anti-inflammatory, antioxidant and antibacterial properties may expedite the capability of  
89 animals to retain their body homeostasis by agitating domestic cellular fortification mechanisms to handle oxidative  
90 assault and inflammation lured by thermal stress. Phytochemicals with antioxidant activity such as polyphenols, are  
91 vital secondary metabolite found in plants, are anticipated to resolve heat stress in tropical animals [9,11]. *Phyllanthus*  
92 *amarus* contains phyto-nutrients that serves as healthy supplements and growth enhancer in animal feed, Mistletoe act  
93 effectively as antioxidants and peroxy radical scavengers, possess pharmacological properties having  
94 immunomodulatory, anti-inflammatory, cardiovascular, and antimicrobial effects, while Moringa is a potent antibiotic  
95 and has been employed in the treatment of reproductive, cardiac and circulatory problems [11]. Previous reports had  
96 documented the beneficial role of *Moringa oleifera*, *Phyllanthus amarus*, and *Viscum album* individually as tropical  
97 medicine in promoting health, welfare and productivity of tropical livestock and poultry [11]. They have been reported  
98 to influence reproductive health, as the three herbs elicits different response which implied that strategic herbal  
99 supplementation would be required to meet different reproductive desires in rabbit breeding programme [11].  
100 Different natural feed resources have been evaluated for potentiality to counter negative impacts of heat stress with  
101 emphasis on practicality, safety and economical application [11]. Dietary supplementation of *Moringa oleifera*,  
102 *Phyllanthus amarus*, and *Viscum album* leaves at 10% inclusion had the potency to promote good health and well-  
103 being [11]. This study was targeted at evaluating the effect of herbal supplements on performance, serum biochemicals  
104 and hormonal profile of rabbit Does expose to heat stress in a hot tropical climate.

105

106 **MATERIALS AND METHODS**

107 **Experimental site**

108 This research was conducted in south-western agro-ecological belt of Nigeria, from January to March, 2020. Severity  
109 of heat stress positioned on a sequence of humidity and temperature (Temperature-Humidity Index -THI) was  
110 established to peak in southern Nigeria between February and March [2,9,12,13]. Relative humidity and temperature  
111 of the rabbit house was documented at 08:00 h, 12:00h and 18.00 h daily in the course of the study with a Thermo-  
112 Hygrometer. The daily records were used to compute the temperature humidity index as outlined in Jimoh et al. [14] .

### 113 **Herbal supplements processing and Evaluation**

114 Fresh *Viscum album* (MILM), *Phyllanthus amarus* (PHLM) and *Moringa oleifera* (MOLM) leaves were harvested  
115 from an established orchard within the Ado-Ekiti metropolis of Ekiti State. The plants were identified and indexed  
116 with herbarium voucher numbers; *Viscum album* UILH/002/084/1210/2021; *Moringa oleifera* UILH/001/1008/2021;  
117 *Phyllanthus amarus* UILH/003/1109/2021.

118 Leaves were detached from twigs and shade-dried until it was crumbly to touch while keeping their greenish coloration.  
119 They were milled and stored in air tight containers until incorporation into the diet. Phytochemical screening and  
120 proximate composition of the leaf meals were carried out using standard analytical procedures.

### 121 **Experimental animals and management**

122 Eighty rabbits Does ( $527.99 \pm 10.35\text{g}$ ) of 4 weeks old were used for the investigation. The rabbits were allotted to the  
123 four groups (10 replicates of 2 Does per replicate) and they were housed individually in a Completely Randomized  
124 Design for an 84-day feed trial.

### 125 **Experimental diet**

126 Four diets were compounded to appropriate the nutrient demand for growing rabbit and were pelleted. Diet 1(control)  
127 without the leaf meal apportioned as the control diet and Diets 2, 3 and 4 with 10% Mistletoe (MILM), 10% Moringa  
128 (MOLM) and 10% Phyllanthus (PHLM), respectively as presented in Table 1 as a follow up to our earlier study of  
129 Jimoh et al., [11]. The does were fed at 4% of their body weight and offered clean water ad libitum for 12 weeks. The  
130 weight changes and feed consumed were recorded all through the study to evaluate their performance.

### 131 **Sample collection and analysis**

132 At the end of the feed trial, samples of blood were collected from all does via jugular venipuncture into plain sample  
133 bottle serum biochemical. Samples were centrifuged and serum obtained using standard procedures and stored at -  
134 20°C before analysis. Serum biochemical assay; glucose, total protein, albumin, globulin, aspartate amino transferase  
135 (AST), alanine amino transferase (ALT), urea, creatinine, cholesterol, high density lipoprotein (HDL), triglyceride,  
136 low density lipoprotein (LDL) were carried out using fortress diagnostics commercial assay kits (Fortress Diagnostics  
137 Ltd, Unit 2C Antrim Techn. Park, Antrim, BT41 1QS, Great Britain) and its procedures.

### 138 **Hormonal assay**

139 Serum samples obtained were assayed for triiodothyronine, insulin, follicle stimulating hormone (FSH), corticosterone,  
140 luteinizing Hormone (LH), and estradiol using ELISA, with commercial ELISA kits and its protocol for each assay;  
141 Estradiol (E2) ELISA Kit, (Catalog No. ES180S), Calbiotech Inc. 10461 Austin Dr, Spring Valley, CA 91978, USA.  
142 Follicle Stimulating Hormone (FSH) ELISA kit, (Catalog No.: FS232, Luteinizing Hormone (LH) ELISA kit, (Catalog  
143 No.: LH231F), Triiodothyronine (T3) ELISA (Catalog No. T3225T) and Insulin ELISA kit, (Catalog No. IS130D)  
144 the quadruplets by Calbiotech Inc., 1935 Cordell Ct., El Cajon, CA 92020. Corticosterone ELISA Kit, (Cat.No

145 E0496Ra), Bioassay Technology Laboratory, www.bt-laboratory.com, 1008 Junjiang Inter. Bldg. 228 Ningguo Rd.  
146 Yangpu Dist. Shanghai. China.

147

#### 148 **Statistical analysis**

149 The statistical model applied is as follows:

$$150 Y_{xyz} = \mu + B_i + e_{xyz}$$

151 Where  $Y_{xyz}$  denotes the value of performance, serum biochemicals and hormonal profile estimated in the  $x^{\text{th}}$  animal;  
152  $\mu$  is the comprehensive mean for each character;  $B_i$  is the fixed effect of  $x^{\text{th}}$  herbal supplement; and  $e_{xyz}$  is the random  
153 residual effect.

154 Data obtained was tested using generalized linear model procedure of one-way ANOVA according to statistical  
155 software IBM SPSS 20.

156

### 157 **RESULTS**

#### 158 **Phytochemical and Proximate analysis of the herbs**

159 Proximate and phytochemical analysis of the leaf meals is shown in Table 2. Moringa possesses higher crude protein,  
160 saponins, glycosides, steroids among the three leaf meals. Mistletoe possesses higher crude fibre, ash, nitrogen free  
161 extract, alkaloids, flavonoids and tannins among the three leaf meals. Of the three leaf meals, Phyllanthus possesses  
162 the least crude fibre, ash, saponin and tannin.

#### 163 **Temperature humidity index of the rabbit microclimate**

164 The THI of the rabbit pen is shown in Figure 1. The THI obtained at 8am indicates that the Does were exposed to  
165 average THI values of 24.05 (absence of heat) with a range between 18.15 (absence of heat stress) – 32.63 (very severe  
166 heat stress). At noon, average THI values obtained 30.89 indicates very severe heat stress with a range of THI of 28.14  
167 (severe heat stress) – 33.04 (very severe heat stress). The average THI values at 1800 hours are 33.26 (very severe  
168 heat stress), and a range of values 24.45 (absence of heat stress) – 30.15 (very severe heat stress).

#### 169 **Performance characteristics of heat-stressed Does fed on herbal supplement**

170 Performance characteristics of Does fed on herbal supplement during heat stress condition is shown in Table 3. The  
171 weight gain and final weight of Does fed on PHLM were significantly ( $p < 0.05$ ) higher than other treatments. The  
172 weight gain and final weight of Does on MILM and MOLM were not significantly ( $p > 0.05$ ) different from the control.  
173 The feed intake of Does on control were significantly ( $p < 0.05$ ) higher than Does on supplements, with the significantly  
174 ( $p < 0.05$ ) least value obtained in Does on MOLM. The Feed conversion ratio (FCR) of Does on control and MILM  
175 were significantly ( $p < 0.05$ ) higher than other treatments, while Does on PHLM had significantly ( $p < 0.05$ ) least values.

#### 176 **Serum biochemistry of heat-stressed Does fed on herbal supplement**

177 Serum biochemistry of Does fed on herbal supplement during heat stress condition is shown in Table 4. Does fed  
178 PHLM and MILM had significantly ( $p < 0.05$ ) higher glucose than Does on MOLM and control. Total protein was  
179 significantly ( $p < 0.05$ ) higher in Does fed on MILM and MOLM based diets compared to PHLM and control. Albumin  
180 of Does fed on MILM was significantly ( $p < 0.05$ ) higher than Does on other treatments, with the statistically ( $p < 0.05$ )  
181 least value recorded in Does on PHLM. Globulin of Does on MILM and MOLM were significantly ( $p < 0.05$ ) higher

182 than Does on PHLM, while Does on control had the ( $p < 0.05$ ) least value. Cholesterol of Does on PHLM was  
183 significantly ( $p < 0.05$ ) lower than Does on MOLM, MILM and control which had statistically ( $p > 0.05$ ) similar values.  
184 Triglycerides of Does on PHLM was not significantly ( $p > 0.05$ ) different from Does on control and were significantly  
185 ( $p < 0.05$ ) higher than Does on MOLM and MOLM, and both share statistically ( $p > 0.05$ ) similar values. HDL of Does  
186 on MOLM and PHLM were significantly higher than Does on MILM, while Does on control had statistically ( $p > 0.05$ )  
187 least values. LDL of Does on control were significantly ( $p < 0.05$ ) higher than Does on supplement with the  
188 significantly least value obtained in PHLM. Creatinine of Does on control were statistically ( $p < 0.05$ ) higher than Does  
189 on herbal supplement. AST and ALT of Does on MOLM were significantly ( $p < 0.05$ ) higher than Does fed on other  
190 treatments. Urea of Does on MILM based diets were significantly ( $p < 0.05$ ) higher than Does on MOLM and PHLM  
191 based diets, while Does on control had the significantly ( $p < 0.05$ ) least values.

#### 192 **Stress and metabolic hormones of heat-stressed Does fed on herbal supplement**

193 Stress and metabolic hormones of Does fed on herbal supplement during heat stress condition is shown in Figure 2.  
194 Triiodothyronine of Does fed control (0.68ng/ml) were significantly ( $p < 0.05$ ) lower than Does on MOLM (0.77ng/ml),  
195 PHLM (0.80ng/ml) and MILM (0.79ng/ml) which had statistically ( $p > 0.05$ ) similar values. Insulin of Does on PHLM  
196 (5.22mIU/ml) were not significantly ( $p > 0.05$ ) different from other treatments. However, Does on MILM (4.39mIU/ml)  
197 and MOLM (4.79mIU/ml) were significantly ( $p < 0.05$ ) lower than the control (6.25mIU/ml). Corticosterone of Does  
198 on supplemented groups (34.82ng/ml, 32.45ng/ml and 33.04ng/ml for MILM, MOLM and PHLM, respectively) were  
199 significantly ( $p < 0.05$ ) lower than Does on control (39.76ng/ml).

200

201

#### 202 **Sex hormones of heat-stressed Does fed on herbal supplement**

203 Sex hormones of rabbit Does fed on herbal supplement during heat stress condition is shown in Figure 3. Does fed  
204 PHLM supplement ( $2.73 \text{ mIU/ml}10^2$ ) had significantly ( $p < 0.05$ ) higher LH than Does on MILM ( $1.17 \text{ mIU/ml}10^2$ ),  
205 MOLM ( $1.20 \text{ mIU/ml}10^2$ ) and control ( $1.63 \text{ mIU/ml}10^2$ ), which share statistically ( $p > 0.05$ ) similar values. Estradiol  
206 and FSH of rabbit Does fed on moringa supplement ( $1.90 \text{ mIU/ml}$  and  $14.02 \text{ pg/ml}$ ) were significantly ( $p < 0.05$ ) higher  
207 other treatments.

208

#### 209 **DISCUSSION**

210 The trend of THI obtained in the rabbitry microclimate reveals that the Does were exposed to very severe  
211 environmental stress occasioned by the hot dry climate.

212 The performance indices of Does fed on phyllanthus supplement was better than other treatments during the heat stress  
213 period caused by hot dry climate. This is occasioned by its better final weight, weight gain and least feed conversion  
214 ratio. This is supported by Jimoh et al. [15] that reported that phyllanthus supplement act as a growth promoter without  
215 adversely affecting the health status of rabbits. Similarly, Khalil et al. [16] reported on the beneficial effects of herbs  
216 on growth of growing heat stressed rabbits. This could be due to phytochemicals such as flavonoids present, which  
217 has been found to affect the nutrient digestibility and activity of several digestive enzymes [17], while mitigating



218 physiological disorders that can compromise animal productivity. However, Does on other treatments had similar  
219 growth during heat stress in this study.

220 The herbal supplements tended to improve serum biochemical of Does under heat stress conditions, chiefly by  
221 enhancing glucose, protein, albumin and globulin, reducing cholesterol, and creatinine. This agreement with claims  
222 of Xie et al. [18], which recorded that the heat-stress downregulated total protein was restored by ginger  
223 supplementation via the elevated synthesis and mobility of reproductive hormones [19]. Tayer et al. [20] stated that  
224 the favorable reactions of flavonoids in therapeutic herbs relates to the hypoglycemic and hepatic glucokinase activity  
225 of the liver.

226 Other reports affirming that moringa improves serum albumin concentration [10] was attributed up to 80% of the  
227 vascular colloidal osmotic pressure as an essential component in maintaining equilibrium with tissue fluids. The  
228 antioxidant activity of albumin which administer membrane shelter has been reported to promote cell viability by  
229 modulating cholesterol efflux from the cell membrane [21]. The herbal supplements could induce pancreatic  
230 cholesterol esterase to hydrolyze dietary cholesterol esters which releases free cholesterol in the lumen of the small  
231 intestine, the suppression of cholesterol esterase would limit the absorption of dietary cholesterol and thereby reduce  
232 cholesterol concentration [22].

233 Mistletoe fed Does had better serum glucose, total protein, albumin, globulin, lowered cholesterol profile and  
234 creatinine compared to Does without supplements. Moringa supplemented Does had higher total protein, globulin,  
235 lowered cholesterol profile and creatinine compared to Does without supplements. Reports attribute the high  
236 antioxidant content of herbs to elevates total protein by reducing corticosterone suppression which could curb protein  
237 catabolism under thermal stress situation [23].

238 Phyllanthus supplement fed to Does induced better glucose, cholesterol profile (lower cholesterol, LDL and higher  
239 HDL), lower creatinine compared to Does without supplements. *Phyllanthus amarus* have been reported to reduce  
240 cholesterol and low-density lipoprotein, inhibit fat accumulation in cells and reduced oxidative stress and  
241 inflammation [24]. The herbal supplements improved cholesterol profile by lowering LDL and improving HDL  
242 fractions of the total cholesterol. Hypercholesterolemia is linked with elevated lipid peroxidation and the instrument  
243 of contraction of cholesterol also lowers lipid peroxidation [25], thus suggesting the capacity of the supplements to  
244 enhance oxidative stability in the Does during heat stress. Thus, the better cholesterol profile could promote oxidative  
245 stability in herbal supplemented groups, an indication of better productivity and most likely account for superior  
246 performance obtained in phyllanthus supplemented Does.

247 Moringa supplements enhanced AST and ALT of Does exposed to heat stress condition. This is incongruence to  
248 claims that *M. oliefera* leaves reduced the status of alkaline phosphatase aspartate amino transferase and alanine amino  
249 transferase, in rats [26,27]. The supplements enhanced serum urea of Does during heat stress conditions in comparison  
250 to Does on control diet, this could be attributed to the high serum protein profile in all supplemented groups, which  
251 could attract higher protein catabolism and elimination of excess protein via urea formation.

252 Glutathione is a key cofactor of twain antioxidant enzymes and deiodinases, the enzymes culpable for the  
253 transformation of thyroxine (T4) to triiodothyronine (T3) [28].

254 The trends of result obtained showed that triiodothyronine was enhanced in serum of Does fed on herbal supplement  
255 during heat stress condition. T4 and T3 increase metabolism by reducing the rate of glucose oxidation and elevating  
256 the load of metabolic heat generated [29]. Insulin and corticosterone were reduced in serum of Does fed on  
257 supplements compared to those on control, and could attest to Wang et al. [30] that reported heat disclosure increases  
258 blood cortisol, which is convoluted primarily in carbohydrate, lipid, and protein metabolism. The corticotropin-  
259 releasing factor which stimulates the synthesis of cortisol as part of hormonal stress response inhibits feed intake [31].  
260 This could explain the increased corticosterone and low triiodothyronine in Does on control diet during the heat stress  
261 condition, was mitigated by the inclusion of herbal supplements. Change in blood T3 levels fail to cause symbolic  
262 variation in growth except for Does on phyllanthus supplements, possibly linked to better FCR [17]. Environmental  
263 stress has been documented to have adverse impact glucose level, which reveals that circulating insulin and glucagon  
264 formulation was constrained due to their control on glucose metabolism, or owing to lower concentration of thyroxin,  
265 which is highly associated with energy metabolism during thermal stress [18]. Polyphenolic compounds present in  
266 herbs curb carbohydrate breakdown ( $\alpha$ -amylase and  $\alpha$ -glucosidase) and absorption of glucose (glucose transporters),  
267 arouse insulin secretion from the pancreatic cells, inflect glucose liberation from the liver, stimulate insulin receptors  
268 and glucose uptake in the insulin-sensitive tissues, and regulate intracellular signaling pathways and gene expression  
269 [32].

270 Similar to results obtained in Does not fed on herbal supplements, are claims of lowered enzymatic antioxidant  
271 response and heightening of blood corticosterone and heterophil:lymphocyte ratio in acute thermal stressed chickens  
272 [33]. The claims that heat stress induce increase in serum cholesterol, due to increased corticosterone, via activation  
273 of the hypothalamic-pituitary-adrenal [19], could explain the higher cholesterol profile and corticosterone obtained in  
274 Does on control diet. Thyroidal hormones trigger cholesterol synthesis and hepatic mechanisms that eliminate  
275 cholesterol from circulation [34], a mechanism for the decrease in cholesterol associated with higher triiodothyronine  
276 in Does fed on herbal supplements in this study.

277 Triiodothyronine plays a key part in controlling metabolism and thermogenesis [29], and is strongly correlated to  
278 reduction of feed consumption in thermal stress situation [35]. Thus, exposure of rabbits to thermal stress situations  
279 reduce T3 level as obtained in Does on control, in order to decrease heat production to sustain homeothermy [35]. The  
280 reduction in serum glucose during environmental stress has been attributed to lower thyroxine as obtained in Does on  
281 control in this study, could be due to its association with energy metabolism during heat stress [22] and was reversed  
282 in Does fed moringa, mistletoe and phyllanthus supplements. The excess of blood glucose is uptaken by the liver,  
283 adipose, and muscle tissues under the control of insulin where it will be converted to glycogen with the accumulation  
284 of triglyceride in the adipose tissues [36]. Thus, lower insulin in herbal supplemented Does could account for their  
285 higher serum glucose compared to Does on control in this study. Higher triiodothyronine could account for better FCR  
286 in herbal supplemented groups and growth enhancement in Does fed on phyllanthus supplement. The inclusion of the  
287 herbal supplements in Does' diet in this study, ameliorated the effects of heat stress by lowering corticosterone.

288 Follicle-stimulating hormone are instrumental in gonadal development, sexual maturity at puberty and gamete  
289 production by stimulate growth and maturation of ovarian follicles. Luteinizing hormone surge stimulates ovulation  
290 of mature follicles in the ovary, and any substance proficient to alter its release may enrage interruption of ovulation

291 by influencing the number of graffian follicles, as Amen and Al-Daraji [37] claimed that heat stress lowered LH and  
292 FSH hormones.

293 Lutenizing hormone of Does were enhanced by phyllanthus supplement, FSH and estradiol of Does were enhanced  
294 by moringa supplements during heat stress conditions in a hot dry climate of this study. The elevated FSH observed  
295 would enhance conception in Does, as reduction in the levels of follicle-stimulating hormone due to an inhibitory  
296 effect on the release of the gonadotropin, hamper folliculogenesis and actively delay maturation of the follicle in the  
297 pre-ovulatory phase by garlic extract [38]. This corroborates claims that high free radical scavenging activity of natural  
298 antioxidants, have been widely sourced as candidate antidote to cure oxidative stress and anomalies in hormone  
299 functions [39]. Similarly, enhancement of reproductive hormone synthesis by dietary glutamine inclusion in heat stress  
300 hens has been reported [5]. Similarly, some flavonoids have been found to act as xenoestrogens, in association with  
301 gonadal hormones binds with oestrogen receptors and sex-hormone binding globulin, which is involved in the mobility  
302 of steroid hormones [17].

303 Although, heat stress exposure in animals points to a reduction in frequency of gonadotropin-releasing hormone pulse  
304 generator in the hypothalamus, lessen secretions of follicle stimulating hormone and luteinizing hormone from the  
305 pituitary gland [1]. But flavonoids have reported to affect the activity of few enzymes involved in androgen, progesterin  
306 and oestrogen metabolism [40]. Similar to result obtained in this study, Ogbomade et al. [41] reported an increase in  
307 follicle-stimulating hormone of Wistar rats administered oral doses of *Phyllanthus amarus*.

308

### 309 **CONCLUSION**

310 The range of THI obtained in the study revealed that the Does were exposed to heat stress. The three herbal  
311 supplements fed to Does ameliorated effects of heat stress by reducing stress hormones, improve serum biochemical  
312 of Does chiefly by enhancing glucose, protein, albumin and globulin, reducing cholesterol and creatinine. *Moringa*  
313 *oleifera* and *Phyllanthus amarus* enhanced sex hormones while *Phyllanthus amarus* conferred growth promoting  
314 effects on the Does.

315

316

317 *Abbreviations*

318 Temperature - Humidity Index-THI

319 relative humidity – RH

320 Mistletoe – MILM

321 Moringa – MOLM

322 Phyllanthus – PHLM

323 Alanine amino transferase – ALT

324 Aspartate amino transferase – AST

325 High density lipoprotein - HDL

326 Low density lipoprotein – LDL

327 Luteinizing Hormone – LH

328 Follicle stimulating hormone – FSH

329 Enzyme linked immunosorbent assay – ELISA

330 Thyroxine - T4

331 Triiodothyronine - T3

332 Feed conversion ratio – FCR

333 Analysis of variance - ANOVA

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340 *Authors' contribution*

341 Conceptualization: Jimoh O.A., Adesina F.P.

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348 Writing - original draft: Jimoh O.A., Ajewole A.M.

349 Writing - review & editing: Jimoh O.A.

350 *Ethical Approval and Consent to participate:*

351 The authors confirm that the ethical policies of the journal, as noted on the journal's author guidelines page, have been  
352 adhered to and the institutional ethics committee for care and use of animal for research approved the study (approval  
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354 for scientific purposes.

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529 **Table 1: Gross composition of experimental diets (g/100g)**

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Ingredient	Control	Moringa	Mistletoe	Phyllanthus
Rice bran	6	1	1	1
Salt	0.25	0.25	0.25	0.25
Wheat offal	5	5	5	5
Brewer Dry Grain	5.0	0	0	0
Grower premix	0.25	0.25	0.25	0.25
Maize	25	25	25	25
Methionine	0.40	0.40	0.40	0.40
Soybean meal	17.0	17.0	17.0	17.0
Lysine	0.10	0.10	0.10	0.10
Bone meal	1.0	1.0	1.0	1.0
Groundnut Hauluns	40.0	40.0	40.0	40.0
Moringa	0	10	0	0
Mistletoe	0	0	10	0
Phyllanthus	0	0	0	10
Vegetable oil	0.20	0.20	0.20	0.20
<b>Total</b>	<b>100</b>	<b>100</b>	<b>100</b>	<b>100</b>
<b>Calculated nutrient composition</b>				
Dry matter %	88.05	85.41	86.20	87.45
Crude Protein%	16.47	16.58	17.94	17.667
Digestible Energy kcal/kg	2721.60	2515.35	2479.6	2509.4
Ether Extract %	3.34	3.02	3.75	2.42
Crude Fibre %	16.5	17.33	15.38	16.32
Lysine %	1.01	0.94	0.94	0.94
Methionine %	0.75	0.71	0.71	0.71
Calcium %	1.60	1.75	1.72	1.60
Phosphorus %	0.45	0.51	0.52	0.42

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**Table 2: Proximate and Phytochemical analysis of the leafmeals**

	Mistletoe leaf meal	Moringa leaf meal	Phyllanthus leaf meal
Dry matter %	89.82	90.76	90.50
Crude Protein%	18.81	31.06	27.13
Ether Extract %	2.10	2.7	2.5
Crude Fibre %	12.10	11.30	9.90
Ash (%)	14.90	12.40	12.06
Nitrogen free extract (%)	52.09	42.54	48.41
Alkaloids(mg/100g)	14.68	8.5	10.34
Saponins(mg/100g)	31.01	39.81	23.96
Glycosides(mg/100g)	75.08	95.92	81.66
Steroids(mg/100g)	18.82	25.00	20.54
Flavonoids(mg/100g)	62.93	25.03	44.86
Tannins(mg/100g)	114.81	96.53	95.98

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537 **Table 3: Performance characteristics of rabbit Does fed herbal supplement during heat stress condition**

	Control	MILM	MOLM	PHLM	SEM
Initial weight (g)	494.10	514.70	506.80	499.40	16.49
Final weight (g)	2333.70 <sup>b</sup>	2348.42 <sup>b</sup>	2395.96 <sup>b</sup>	2601.08 <sup>a</sup>	27.78
Average Weight Gain (g/doe)	21.90 <sup>b</sup>	21.83 <sup>b</sup>	22.49 <sup>b</sup>	25.02 <sup>a</sup>	0.63
Average Feed Intake (g/doe/day)	60.25 <sup>a</sup>	60.02 <sup>b</sup>	59.25 <sup>d</sup>	59.50 <sup>c</sup>	0.12
Feed Conversion Ratio	2.78 <sup>a</sup>	2.75 <sup>a</sup>	2.66 <sup>b</sup>	2.38 <sup>c</sup>	0.08

538 abc: means with different superscripts are significantly ( $P < 0.05$ ) different; MILM - Mistletoe leaf meal MOLM

539 - Moringa leaf meal PHLM - Phyllanthus leaf meal

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542 **Table 4: Serum Biochemistry of rabbit Does fed herbal supplement during heat stress condition**

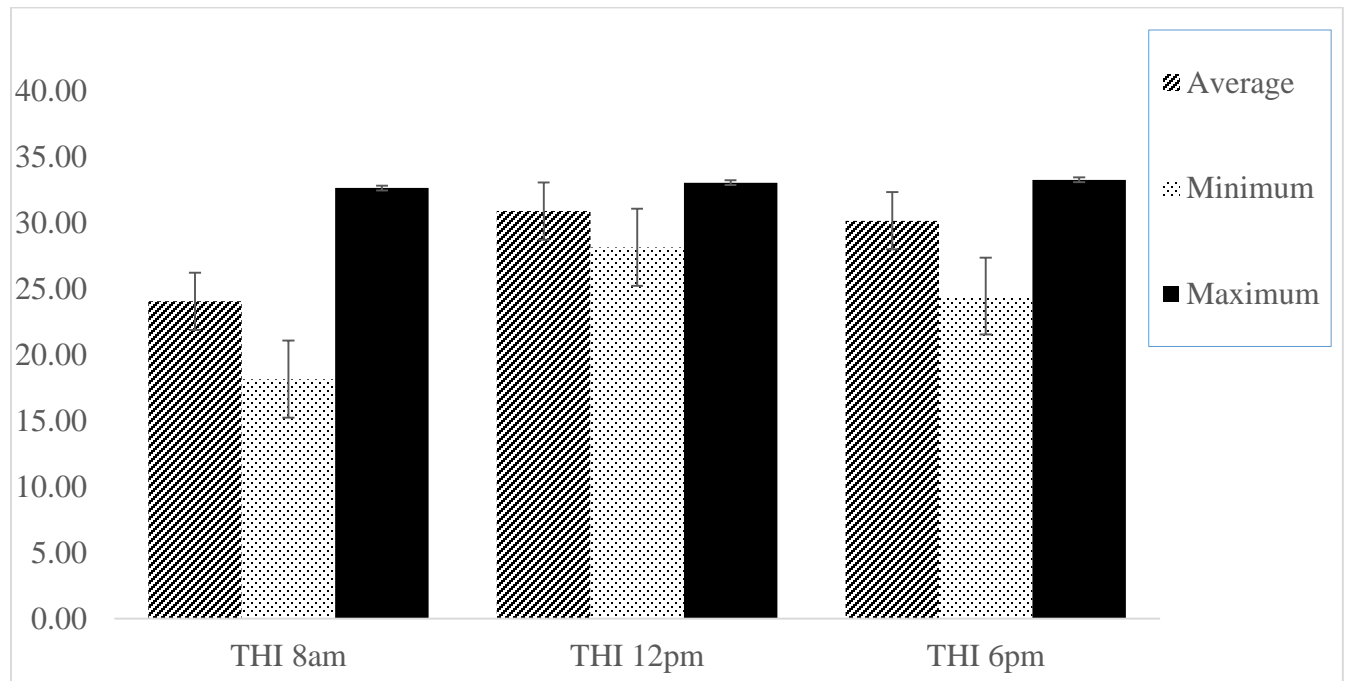
	Control	MILM	MOLM	PHLM	SEM
Glucose (mmol/l)	2.15 <sup>b</sup>	3.05 <sup>a</sup>	2.33 <sup>b</sup>	3.34 <sup>a</sup>	0.33
Total Protein (g/l)	63.79 <sup>b</sup>	112.20 <sup>a</sup>	112.89 <sup>a</sup>	45.20 <sup>b</sup>	11.88
Albumin (g/l)	44.23 <sup>b</sup>	53.04 <sup>a</sup>	45.93 <sup>b</sup>	31.08 <sup>c</sup>	3.83
Globulin (g/l)	19.56 <sup>c</sup>	59.16 <sup>a</sup>	66.96 <sup>a</sup>	43.24 <sup>b</sup>	10.03
Cholesterol (mmol/l)	2.85 <sup>a</sup>	2.52 <sup>a</sup>	2.46 <sup>a</sup>	1.67 <sup>b</sup>	0.16
Triglyceride (mmol/l)	2.78 <sup>a</sup>	2.07 <sup>b</sup>	2.02 <sup>b</sup>	2.64 <sup>a</sup>	0.32
High density lipoprotein (mmol/l)	0.37 <sup>c</sup>	0.55 <sup>b</sup>	0.75 <sup>a</sup>	0.78 <sup>a</sup>	0.07
Low density lipoprotein (mmol/l)	1.36 <sup>a</sup>	0.86 <sup>b</sup>	0.85 <sup>b</sup>	0.32 <sup>c</sup>	0.18
Creatinine (mg/dL)	2.50 <sup>a</sup>	1.07 <sup>b</sup>	1.10 <sup>b</sup>	0.95 <sup>b</sup>	0.47
Aspartate amino transferase (U/l)	12.82 <sup>b</sup>	18.21 <sup>b</sup>	24.80 <sup>a</sup>	6.65 <sup>c</sup>	2.88
Alanine amino transferase (U/l)	5.21 <sup>b</sup>	4.25 <sup>b</sup>	12.30 <sup>a</sup>	6.38 <sup>b</sup>	1.23
Urea (mmol/l)	2.68 <sup>c</sup>	7.40 <sup>a</sup>	4.17 <sup>b</sup>	4.63 <sup>b</sup>	0.70

543 abc: means with different superscripts are significantly (P<0.05) different; MILM - Mistletoe leaf meal MOLM

544 - Moringa leaf meal PHLM - Phyllanthus leaf meal

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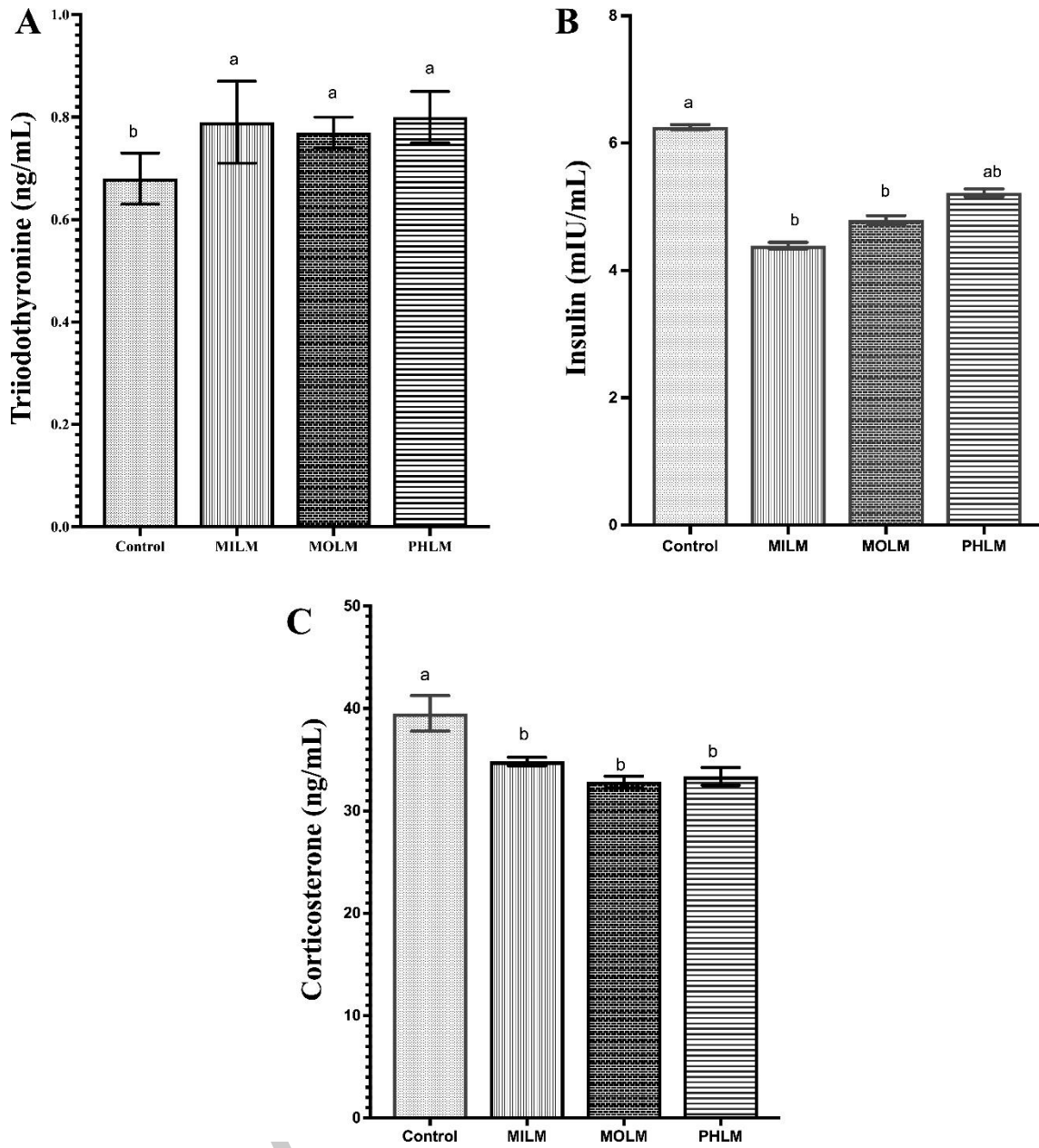


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549 **Figure 1: Temperature humidity index of Rabbit pen**

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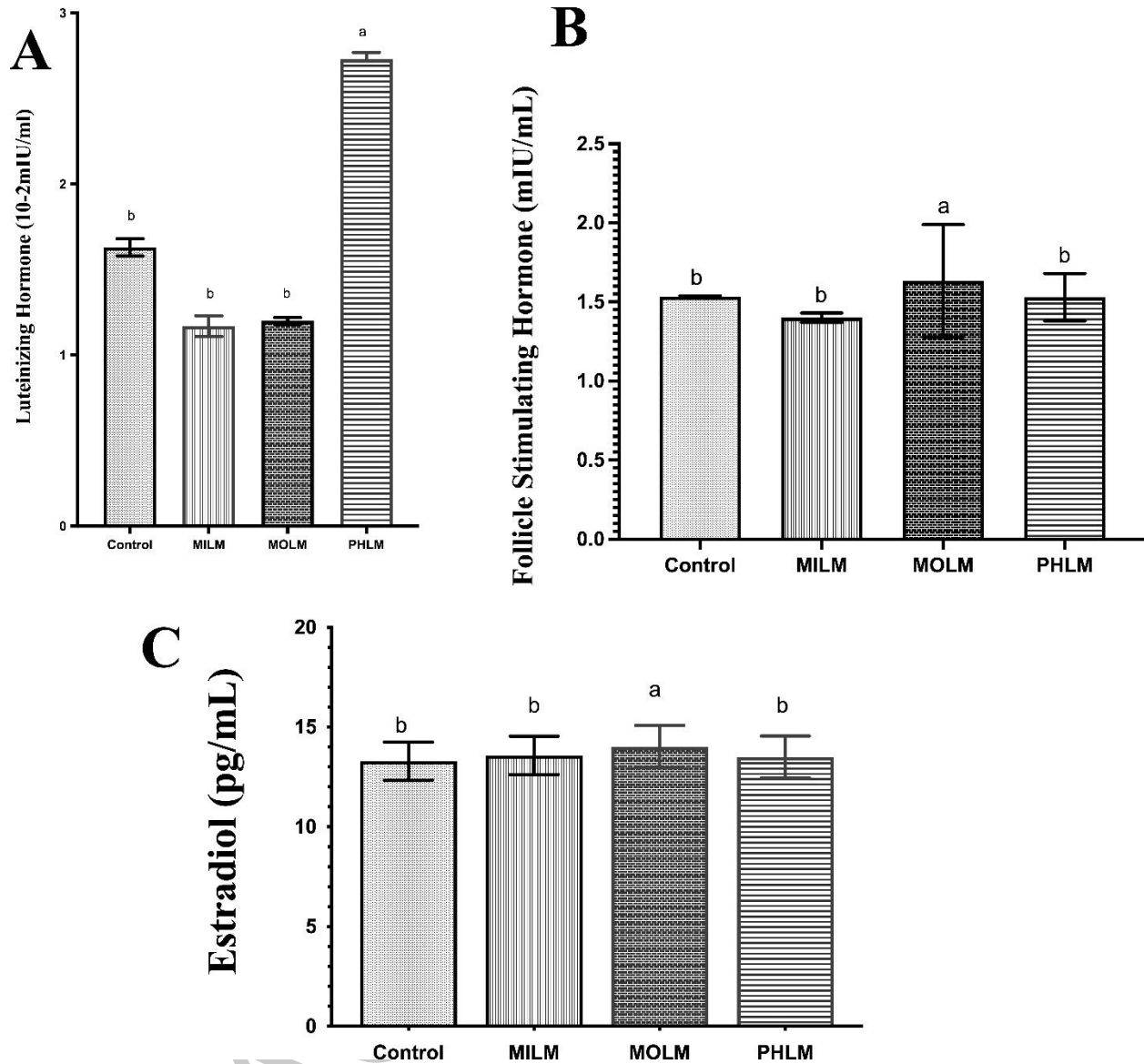
553 Figure 2: Stress and Metabolic hormones of rabbit Does fed herbal supplement during heat stress condition. The  
 554 effects of treatment are shown on (A) Triiodothyronine, (B) Insulin, (C) Corticosterone. abc: means with different  
 555 superscripts are significantly ( $P < 0.05$ ) different; Does received herbal supplemented diets ; MILM - Mistletoe leaf  
 556 meal MOLM - Moringa leaf meal PHLM - Phyllanthus leaf meal

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561 Figure 3: Sex hormones of rabbit Does fed herbal supplement during heat stress condition. The effects of treatment  
 562 are shown on (A) Luteinizing Hormone, (B) Follicle Stimulating Hormone, (C) Testosterone. abc: means with  
 563 different superscripts are significantly ( $P < 0.05$ ) different; Does received herbal supplemented diets with MILM -  
 564 Mistletoe leaf meal; MOLM - Moringa leaf meal; PHLM - Phyllanthus leaf meal

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