1 Optimizing the composition of the medium for the viable cells of *Bifidobacterium*

2 *animalis* subsp. *lactis* JNU306 using response surface methodology

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32	Optimizing the composition of the medium for the viable cells of <i>Bifidobacterium animalis</i>
33	subsp. lactis JNU306 using response surface methodology
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43 Abstract

This research improved the growth potential of *Bifidobacterium animalis* subsp *lactis* 44 strain JNU306, a commercial medium that is appropriate for large-scale production, in yeast 45 extract, soy peptone, glucose, L-cysteine, and ferrous sulfate. Response surface methodology 46 47 (RSM) was used to optimize the components of this medium, using a central composite design and subsequent analyses. A second-order polynomial regression model, which was 48 fitted to the data at first, significantly lacked fitness. Thus, through further analyses, the 49 50 model with linear and quadratic terms plus two-way, three-way, and four-way interactions 51 was selected as the final model. Through this model, the optimized medium composition was 52 found as 2.8791% yeast extract, 2.8030% peptone soy, 0.6196% glucose, 0.2823% L-cysteine, and 0.0055% ferrous sulfate, w/v. This optimized medium ensured that the maximum biomass 53 54 was no lower than the biomass from the commonly used BL medium. The application of 55 RSM improved the biomass production of this strain in a more cost-effective way by creating 56 an optimum medium. This result shows that *B. animalis* subsp *lactis* JNU306 may be used as 57 a commercial starter culture in manufacturing probiotics, including dairy products.

58 Keywords

59 Bifidobacterium animalis, medium, YPG, optimization, RSM

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61 INTRODUCTION

Bifidobacteria is indicated to affect the gastrointestinal health of humans and animals
significantly. Numerous intensive studies have been conducted on gut health in relation to these
bacteria [1]. These studies have enabled the use of bifidobacteria as probiotic strains, which
are live beneficial microflora orally administered to humans for their dominance in the intestine.

66 The third commonly used genus in probiotics application, bifidobacteria were first used 67 by Mayer in 1949 in making baby food. Later in 1968, Schuler Malyoth and his colleague 68 showed that this bacterium can also be cultivated in dairy products [1], and the bacteria gained 69 importance in the industry due to many health benefits. For only a few past decades, hundreds 67 of bifidobacteria-containing foods have been produced and made available under trademarks 70 worldwide [2].

72 One of the widest uses of bifidobacteria in probiotic products is their inclusion in dairy products that have been historically consumed by humans [3]. Regarding this, *Bifidobacterium* 73 74 animalis subsp. lactis is the most widely used Bifidobacterium species. They appear in various 75 arrays of dietary supplements and foods, especially fermented milk and junk foods. This 76 organism is also considered the organism of choice technologically due to the high survival ability in the human gastrointestinal tract, and better feasibility compared to other 77 78 bifidobacteria [4-7]. Therefore, it is important that we cultivate *B. animalis* subsp. *lactis* on a 79 large-scale for manufacturing.

80 *Bifidobacterium animalis* subsp. *lactis* is possibly the best-known of the 81 Bifidobacterium family, which requires nutrition media containing numerous amino acids, 82 vitamins and related growth factors, for instance low oxidation and miner components [8]. 83 Although various bifidobacteria growth media has been studied, these are unsuitable for large-84 scale production due to low cell mass production, unavailable materials, complex process, cost, 85 and difficult harvesting problems [1, 8, 9]. Therefore, prevalent commercial media, which can

86 limit the defects of previous ones, are required.

Yeast extract – Soy Peptone - Glucose (YPG) medium is considered a nutrient medium
with rich amino acid and carbohydrate deposits [10], and with the addition of growth stimulated
factors such as L-cysteine and Ferrous sulfate, YPG meets the requirements for the production
of mass cell concentrations of bifidobacteria. Moreover, by using inexpensive materials, a new
medium should be cost-effective and feasible during manufacturing

Besides, one of the major components in designing new fermentation media is numerous experiments. Response surface methodology (RSM) is a collection of statistical and mathematical techniques including factual designs and regression analysis, which is more suitable for accessing multifactor experiments [11–13]. Therefore, using RSM provides a unique solution to determine the optimized growth conditions of *Bifidobacterium* in YPG medium.

98 This study outlines the optimized mass cell production of *B. animalis* subsp. *lactis*99 JNU306 in Yeast extract-Peptone Soy-Glucose -based medium using RSM.

100

101 MATERIALS AND METHODS

102 Microorganism and growth media

Bifidobacterium animalis subsp. *lactis* strain JNU306 was originally isolated from infant feces and used as a freeze storage strain at Chonnam National University. The Skim Milk medium [14] and BL medium [15] were used as storage and activation media, respectively, for *B. animalis* subsp. *lactis* JNU306. This strain was stored at -70°C. The bacterium was activated by inoculating a colony in BL medium anaerobically at 37°C for 48 h.

108 The strain was further propagated by incubating twice in BL broth to obtain a biomass

109 concentration of 10^8 CFU/mL. To limit the carryover of the previous medium, the culture was

- 110 centrifuged at 3,000rpm for 15 min at 4°C to harvest cells, and the cells were resuspended in
- 111 the same medium before incubating (0.1%) in various media.

112 **Preparation of experimental media and fermentation conditions**

113 The test media components used in the experiment comprised yeast extract (HY-YEST 114 501, Kerry bioscience, Beloit, Washington, USA), peptone soy (Peptone S, Daejung, Korea), 115 glucose (D(+)-glucose, Junsei, Japan), L-cysteine (L-cysteine hydrochloride monohydrate, 116 Sigma, Korea) and ferrous sulfate (Iron (II) Sulfate, Wako, USA). The media were autoclaved 117 at 121°C for 15 minutes and cooled to room temperature before inoculation with cell pellets. 118 The culture was incubated in 50-mL screw cap glass tubes (Cole-Parmer, Canada) containing 30 mL of broth and 5 mL of paraffin liquid to create an anaerobic environment. The 119 fermentation was conducted in a water bath at 37°C for 24 h and at pH 7.0-7.2. 120

121 Microbial Analysis

Viable cell enumeration was performed by diluting samples several times in a buffered 122 saline solution containing (in g/l): potassium phosphate monobasic 4.5; sodium phosphate 123 124 dibasic, 6; L-cysteine, 0.5, and Tween 80, 0.5. The resulting mixture was stirred using a 125 magnetic stirrer until absolute homogenization to give a 10-fold dilution (wet weight/volume). 126 Aliquots (1 mL) of each dilution were evenly spread on plates of freshly prepared BL media. 127 Plates were incubated at 37°C for 48 h by both methods of anaerobic jars and steel wool in anaerobic incubator (Anarorator, Hanteck, Korea) and anaerobic packs (AnaeroPack, 128 129 Mitsubishi Gas Chemical, Japan).

130 Experimental design and data

The culture medium was incubated after various treatment combinations under anaerobic
conditions at 37°C for 24 h. After incubation, the number of viable cells was estimated by plate

counting. Bacterial growth was tested with 30 mL volumes of medium in a 50-ml tube. For the factors for our response surface experiment, peptone soy, yeast extract, glucose, L-cysteine, and ferrous sulfate were selected. As our response surface design, the five-level-five-factor central composite design (CCD) was chosen. Table 1 displays the factors and their levels in our CCD. Table 2 shows our CCD, which consists of 32 factorial, 10 axial, and 6 center runs, and the responses from these 48 runs. The responses represent maximum biomass counts at 24 h. With log 10 CFU/mL as their unit, the responses ranged from 7.99 to 10.29.

Statistical analysis. Data were analyzed using SAS software. SAS/STAT [16] was employed
for the statistical modeling of the data. Graphs were produced using SAS/GRAPH [16].

142

143 **RESULTS**

144 **Developing an analysis model**

First, the second-order polynomial regression model was used to model the experimental data in Table 2. However, this model turned out to be inadequate, as indicated by the analysis of variance (Table 3); the model was non-significant (p=0.1116>0.05), the r^2 was low (r^2 =0.5501), and the lack of fit was significant (p=0.0032<0.05).

149 Next, the following trials were made for improving the second-order model. First, cubic terms were added to the second-order model, but this did not enhance the model. Second, three-150 151 way interaction terms were added to the second-order model, yet, the improvement made by 152 this attempt was insufficient. Third, three-way and four-way interaction terms were added to the second-order model, and this augmented model turned out to be satisfactory (Table 4), as 153 displayed by the ANOVA; the model was significant (p=0.0001<0.05), the r^2 was high 154 155 $(r^2=0.9646)$, and the lack of fit was nonsignificant (p=0.1110>0.05). Thus, this model, with 5 linear, 5 quadratic, 10 two-way interaction, 10 three-way interaction, and 5 four-way 156 157 interaction terms as its explanatory variables, was selected as the final model. The coefficients

158 in this final model are indicated in Table 5.

159

160 **Finding the optimum point of the factors**

161 Through a search on a grid [17], we maximized the predicted response from the model having the coefficients in Table 5. The bounds for the factor levels were $-\sqrt{5} \leq X_i \leq \sqrt{5}$, j = 162 163 1, 2, 3, 4, 5, because the radius of the spherical region of the experimental design displayed in Table 2 was $\sqrt{5}$. Thus, with the intervals of $-\sqrt{5} \leq X_j \leq \sqrt{5}$, j = 1, 2, 3, 4, 5, we made a search 164 within the spherical region having the radius of $\sqrt{5}$ for which the constraint was $X_1^2 + X_2^2 +$ 165 $X_3^2 + X_4^2 + X_5^2 \leq 5$. This search, which was conducted using SAS data-step programming, 166 determined the optimum point described in Table 6, which states the estimated maximum of 167 the response (\log_{10} CFU/mL) as 10.265. 168

169

170 Drawing response surface contour plots

A plot of response surface contours was drawn for two of the five factors; the vertical axis and the two horizontal axes represented the response predicted from the model and the actual levels of the two explanatory factors, respectively. Fig. 1 contains all 10 such plots. In each plot, the factors not represented by the two horizontal axes are fixed at their optimum actual levels.

176

177 Experimenting for validation

To measure the adequacy of the model (Table 7), a validation experiment was performed
at the optimum point of 2.8791% yeast extract, 2.8030% peptone soy, 0.6196% glucose, 0.2823%
L-cysteine, and 0.0055% ferrous sulfate, to verify the validity of the optimum medium. Besides,

181 to assess the application potential in manufacturing, it was appropriate to test the mass cell-182 producing ability of several organism strains as well as assess the economical optimization of 183 the medium. Therefore, three bifidobacterial strains including *B. longum* ATCC 15907, *B.* 184 *bifidum* ATCC 35914 and *B. aminalis* subsp. *lactis* BB12 were used in cell count evaluation 185 as well.

The maximum biomass production at 20 h incubation of bifidobacteria strains was expressed via Fig. 2 and the economical-effect of optimum medium was calculated and shown in Table 7. Fig. 2 showed that in the two media, the numbers of viable cells of all bacterial strains after a 20 h-incubation were similar and there were no concrete differences between the two media. Moreover, the price for producing 250 liters of the media was \geq \$100 US dollars less than the same volume of the BL broth; the new medium costs 79.04% the price of the BL medium (Table 7).

193

194 **DISCUSSION**

In a similar research to optimize growth conditions of *Bifidobacterium pseudocatenulatum* G4, a candidate probiotic organism achieved a maximum biomass production of 9.129 log 10 CFU/mL [9]. Hussain et al [17] recently reported on the optimal growth conditions of *B. bifidum* in small scale fermentation, and observed the maximum wetcell weight at optimized growth condition was 34.1 g/L. The final viable cells increased to 9.398 log 10 CFU/mL under constant pH condition.

Besides, many intensive studies have been conducted on aspect finding optimized medium for maximum biomass production of many different bacterial species via different parameters such as viable cells log 10 CFU/mL [9, 18, 19], maximum specific growth rate per hour [20] or dry cell weight, gram per liter [21]. Thus, in comparison with these published

205 papers, the result of this study is limited. Furthermore, since growth performance is a specific 206 strain, which was very popularly used in manufacturing the optimum medium should be 207 compared on commonly used commercial media with the individual strain.

To test the mass cell-producing ability of several bacterial strains, the maximum biomass obtained from the optimized medium was compared with growth performance in BL broth, which is frequently used as optimal medium [15].

In the two media, the numbers of viable cells of all bacteria were similar and there were no practical differences between the two media. These results suggested the applicability of the optimum medium. Moreover, the cost of the new medium is lower than that of BL medium. These results confirmed that our new optimum medium has potential application in manufacture.

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217 CONCLUSIONS

218 The use of a new response surface approach as a statistical tool to improve the growth 219 of B. animalis subsp. lactis strain JNU306 within yeast extract, soy-peptone, glucose, L-220 cysteine, and ferrous sulfate components has been demonstrated in this study. This work has 221 developed a statistical model to assess the third-order polynomial effects between components 222 and established their estimated optimum levels to maximize biomass production. One of the 223 highest viable cell counts was observed: the optimum point was 2.8791% yeast extract, 2.8030% 224 soy-peptone, 0.6196% glucose, 0.2823% L-cysteine, and 0.0055% ferrous sulfate. Through a 225 validation experiment, the optimum medium turned out to be economically viable in that its 226 cultivation amount was the same but production was more cost-effective than BL medium.

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(Coded factor) Unit 2,366 -1 0 1 Peptone soy (X ₁) % (w/v) 0.000 1.155 2.000 2.845 Yeast extract (X ₂) % (w/v) 0.000 0.577 1.000 1.423 L-cystein (X ₄) % (w/v) 0.000 0.289 0.500 0.711 Ferrous sulfate (X ₃) % (w/v) 0.000 0.006 0.010 0.014	Actual factor	I Init	Actual facto	or level corre	sponding to	the coded fa	ctor leve
Peptone soy (X1) % (w/v) 0.000 1.155 2.000 2.845 Yeast extract (X2) % (w/v) 0.000 1.155 2.000 2.845 Glucose (X3) % (w/v) 0.000 0.577 1.000 1.423 L-cystein (X4) % (w/v) 0.000 0.289 0.500 0.711 Ferrous sulfate (X3) % (w/v) 0.000 0.006 0.010 0.014	(Coded factor)	Unit	2.366	-1	0	1	2.36
Yeast extract (X2) % (w/v) 0.000 1.155 2.000 2.845 Glucose (X3) % (w/v) 0.000 0.577 1.000 1.423 L-cystein (X4) % (w/v) 0.000 0.289 0.500 0.711 Ferrous sulfate (X5) % (w/v) 0.000 0.006 0.010 0.014	Peptone soy (X ₁)	% (w/v)	0.000	1.155	2.000	2.845	4.00
Glucose (X3) % (w/v) 0.000 0.577 1.000 1.423 L-cystein (X4) % (w/v) 0.000 0.289 0.500 0.711 Ferrous sulfate (X5) % (w/v) 0.000 0.006 0.010 0.014	Yeast extract (X ₂)	% (w/v)	0.000	1.155	2.000	2.845	4.00
L-cystein (X ₄) % (w/v) 0.000 0.289 0.500 0.711 Ferrous sulfate (X ₅) % (w/v) 0.000 0.006 0.010 0.014	Glucose (X ₃)	% (w/v)	0.000	0.577	1.000	1.423	2.00
Ferrous sulfate (X ₅) % (w/v) 0.000 0.006 0.010 0.014	L-cystein (X ₄)	% (w/v)	0.000	0.289	0.500	0.711	0.10
	Ferrous sulfate (X ₅)	% (w/v)	0.000	0.006	0.010	0.014	0.02
		0					

Table 1. Factors and their levels in our CCD (central composite design)

Run	Treatment	Peptone	Yeast	Glucose	L-cystein	Ferrous	Maximum
		(X_1)	(X_2)	(\mathbf{X}_2)	(\mathbf{X}_4)	(X_5)	(\mathbf{V}^{a})
1	1	-1	-1	-1	-1	-1	7 99
2	2	-1	-1	-1	-1	1	9.06
3	3	-1	-1	-1	1	-1	9.15
4	4	-1	-1	-1	1	1	9.38
5	5	-1	-1	1	-1	-1	9.68
6	6	-1	-1	1	-1	1	8.92
7	7	-1	-1	1	1	-1	9.23
8	8	-1	-1	1	1	1	9.19
9	9	-1	1	-1	-1	-1	9.35
10	10	-1	1	-1	-1	1	9.11
11	11	-1	1	-1	1	-1	10.12
12	12	-1	1	-1	1	1	9.45
13	13	-1	1	1	-1	-1	9.30
14	14	-1	1	1	-1	1	9.25
15	15	-1	1	1	1	-1	9.39
16	16	-1	1	1	1	1	9.38
17	17	1	-1	-1	-1	-1	9.17
18	18	1	-1	-1	-1	1	9.42
19	19	1	-1	-1	1	-1	9.39
20	20	1	-1	-1	1	1	9.36
21	21	1	-1	1	-1	-1	9.07
22	22	1	-1	1	-1	1	9.11
23	23	1	-1	1	1	-1	9.32
24	24	1	-1	1	1	1	9.00
25	25	1	1	-1	-1	-1	10.29
26	26	1	1	-1	-1	1	9.18
27	27	1	1	-1	1	-1	9.45
28	28	1		-1	1	1	9.44
29	29	I	1	1	-1	-1	9.39
30	30	1	1	1	-1	l	9.32
31	31		1	l	1	-1	9.44
32	32		1	1	l	l	9.43
33	33	-2.366	0	0	0	0	9.03
34	34	2.366	0	0	0	0	9.30
35	35	0	-2.366	0	0	0	8.54
30 27	30 27	0	2.300	0	0	0	9.44
37	37 29	0	0	-2.300	0	0	9.19
30	30 20	0	0	2.300	2 366	0	9.11
39 40	39 40	0	0	0	-2.300	0	9.51
40	40	0	0	0	2.300	2366	9.01
41 //2	+1 //2	0	0	0	0	-2.300	9.10 Q 1Q
42	42	0	0	0	0	2.500 N	9.10
	43	0	0	0	0	0	934
45 45	43	0	0	0	0	0	9 35
т <i>э</i> 46	43	0	0	0	0	0	9 31
47	43	0	0	0	0	0	9.33
48	43	0	Ō	0	0	0	9.16

 a Maximum biomass count achieved at 20 h, expressed in \log_{10} CFU/mL.

5 5 10 20 DF 22 5 27	1.601320 0.234238 0.926281 2.761839 Sum of squares 2.225909 0.032683 2.258593	0.3190 0.0467 0.1845 0.5501 Mean square 0.101178 0.006537	3.83 0.56 1.11 1.65 F-value 15.48	0.0095 0.7296 0.3920 0.1116 p-value 0.0032
5 10 20 DF 22 5 27	0.234238 0.926281 2.761839 Sum of squares 2.225909 0.032683 2.258593	0.0467 0.1845 0.5501 Mean square 0.101178 0.006537 0.083652	0.56 1.11 1.65 F-value 15.48	0.7296 0.3920 0.1116 p-value 0.0032
10 20 DF 22 5 27	0.926281 2.761839 Sum of squares 2.225909 0.032683 2.258593	0.1845 0.5501 Mean square 0.101178 0.006537 0.083652	1.11 1.65 F-value 15.48	0.3920 0.1116 p-value 0.0032
20 DF 22 5 27	2.761839 Sum of squares 2.225909 0.032683 2.258593	0.5501 Mean square 0.101178 0.006537 0.083652	1.65 F-value 15.48	0.1116 p-value 0.0032
DF 22 5 27	Sum of squares 2.225909 0.032683 2.258593	Mean square 0.101178 0.006537 0.083652	F-value 15.48	p-value 0.0032
22 5 27	2.225909 0.032683 2.258593	0.101178 0.006537 0.083652	15.48	0.0032
5 27	0.032683 2.258593	0.006537		
27	2.258593	0.083652		
	-	0.005052		
		5		

Table 3. Analysis of variance for the initial model

	Regression	DF	Sum of	R-square	F-value	p-value
			squares			
	Linear	5	1.601320	0.3190	21.60	0.0000
	Quadratic	5	0.234238	0.0467	3.16	0.0476
	2-way Interactions	10	0.926281	0.1845	6.25	0.0020
	3-way Interactions	10	1.443231	0.2875	9.73	0.0002
	4-way Interactions	5	0.637441	0.1270	8.60	0.0012
	Total Model	35	4.842511	0.9646	9.33	0.0001
	Residual	DF	Sum of	Mean		
			squares	square	F-value	p-value
	Lack of Fit	7	0.145237	0.020748	3.17	0.1110
	Pure Error	5	0.032683	0.006537		
	Total Error	12	0.177921	0.014827		
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Table 4. Analysis of variance for the final model

Model terms	Coefficient estimate	Standard error	t-value	p-value
Intercept	$b_0 = 9.2985270$	0.0492900	188.65	<.0001
X_1	$b_1 = 0.0571540$	0.0185268	3.08	0.0095
X_2	$b_2 = 0.1615755$	0.0185268	8.72	<.0001
X_3	b ₃ = -0.0249857	0.0185268	-1.35	0.2024
X_4	$b_4 = 0.0745395$	0.0185268	4.02	0.0017
X_5	b ₅ = -0.0389546	0.0185268	-2.10	0.0573
X_1^2	$b_{11} = -0.0087420$	0.0171463	-0.51	0.6194
X_2^2	b ₂₂ = -0.0400034	0.0171463	-2.33	0.0379
X_3^2	b ₃₃ = -0.0114216	0.0171463	-0.67	0.5179
X_4^2	$b_{44} = 0.0439558$	0.0171463	2.56	0.0248
X_5^2	b 55 = -0.0078488	0.0171463	-0.46	0.6553
$X_1 * X_2$	$b_{12} = -0.0203125$	0.0215252	-0.94	0.3640
$X_1 * X_3$	b 13= -0.0734375	0.0215252	-3.41	0.0052
$X_1 * X_4$	b ₁₄ = -0.0859375	0.0215252	-3.99	0.0018
$X_1 * X_5$	b ₁₅ = -0.0246875	0.0215252	-1.15	0.2738
$X_2 * X_3$	b ₂₃ = -0.0653125	0.0215252	-3.03	0.0104
$X_2 * X_4$	b ₂₄ = -0.0215625	0.0215252	-1.00	0.3362
$X_2 * X_5$	$b_{25} = -0.0815625$	0.0215252	-3.79	0.0026
$X_3 * X_4$	b ₃₄ = -0.0571875	0.0215252	-2.66	0.0209
X ₃ *X ₅	b ₃₅ = -0.0221875	0.0215252	-1.03	0.3230
X_4*X_5	b ₄₅ = 0.0003125	0.0215252	0.01	0.9887
$X_1 * X_2 * X_3$	$b_{123} = 0.0690625$	0.0215252	3.21	0.0075
$X_1 * X_2 * X_4$	$b_{124} = -0.0234375$	0.0215252	-1.09	0.2976
$X_1 * X_3 * X_4$	$b_{134} = 0.1021875$	0.0215252	4.75	0.0005
X ₂ *X ₃ *X ₄	b ₂₃₄ = 0.0478125	0.0215252	2.22	0.0463
$X_1 * X_2 * X_5$	$b_{125} = 0.0103125$	0.0215252	0.48	0.6405
X ₁ *X ₃ *X ₅	$b_{135} = 0.0559375$	0.0215252	2.60	0.0233
$X_2 * X_3 * X_5$	$b_{235} = 0.1403125$	0.0215252	6.52	<.0001
$X_1 * X_4 * X_5$	$b_{145} = 0.0321875$	0.0215252	1.50	0.1607
$X_2 * X_4 * X_5$	$b_{245} = 0.0478125$	0.0215252	2.22	0.0463
$X_3 * X_4 * X_5$	$b_{345} = 0.0284375$	0.0215252	1.32	0.2111
$X_1 * X_2 * X_3 * X_4$	b ₁₂₃₄ = -0.0003125	0.0215252	-0.01	0.9887
$X_1 * X_2 * X_3 * X_5$	$b_{1235} = -0.0440625$	0.0215252	-2.05	0.0632
$X_1 * X_2 * X_4 * X_5$	$b_{1245} = 0.0646875$	0.0215252	3.01	0.0110
$X_1 * X_3 * X_4 * X_5$	b ₁₃₄₅ = -0.0984375	0.0215252	-4.57	0.0006
$X_2 * X_3 * X_4 * X_5$	$b_{2345} = -0.0640625$	0.0215252	-2.98	0.0116

Table 6. Optimization results for the maximization of the response

	Estimated maximum of the response (log ₁₀ CFU /mL)	X ₁	X ₂	X3	X4	X5	Soy Peptone (%)	Yeast Extract (%)	Glucose (%)	L- cysteine (%)	FeS04 (%)
	10.265	0.95	1.04	0.90	-1.03	-1.07	2.8030	2.8791	0.6196	0.2823	0.0055
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Table 7. Optin	num medium an	nd the results	of the validation	experiment
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Components	BL medium (%)	Optimum medium (%)
Meat extract	0.3	_ a
Proteose peptone No.3	1	-
Trypticase	0.5	-
Peptone	0.3	28.030
Yeast extract	0.5	28.791
Liver extract (ml)	15	-
Glucose	1	6.196
Soluble starch	0.05	-
Potassium phosphate buffer (ml)	1	-
- K ₂ HPO ₄	0.1	-
- KH ₂ PO ₄	0.1	-
Mineral mixture (ml)	0.5	-
- MgSO4	0.001	-
- FeSO 4	0.02	0.055
- NaCl	0.000674	-
- MnSO ₄	0.001	-
Tween 80	0.1	-
L-Cysteine	0.05	2.823
Distilled water (ml)	1000	1000
Price for 250 litters of broth (USD)	515.684	407.638
Cost effect (%)	-	79.04

^aabsence of constituent

Figure titles

- 429
 430 Fig. 1. Respone surface plots of maximum biomass as the function of components (a) soy
 431 peptone and yeast extract; (b) soy peptone and glucose; (c) soy peptone and L-cystein; (d) soy
 432 peptone and ferrous sulfate; (e) yeast extract and glucose; (f) yeast extract and L-cystein; (g)
- 433 yeast extract and ferrous sulfate; (h) glucose and L-cystein; (i) glucose and ferrous sulfate; (j)
 434 L-cystein and ferrous sulfate.
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- 436
- 437 Fig. 2. Biomass production of different bifidobacteria strains in Optimized medium and BL
- 438 medium after 20 h fermentation. (A) *Bifidobacterium animalis* subsp. *lactis* JNU306; (B) *B*.
- 439 *longum* ATCC 15907; (C) *B. bifidum* ATCC 35914 and (*D*) *B. aminalis* subsp *lactis* BB12.





