

JAST (Journal of Animal Science and Technology) TITLE PAGE**Upload this completed form to website with submission**

ARTICLE INFORMATION	Fill in information in each box below
Article Type	Research article
Article Title (within 20 words without abbreviations)	Effects of functional nutrients on chicken intestinal epithelial cells induced with oxidative stress
Running Title (within 10 words)	Protective effect of functional nutrients in chicken intestinal epithelial cells
Author	Hyun Woo Kim ¹ , Seung Yun Lee ² , Sun Jin Hur ¹ , Dong Yong Kil ¹ , Jong Hyuk Kim ^{3*}
Affiliation	1 Department of Animal Science and Technology, Chung-Ang University, Anseong-si, Gyeonggi-do 17546, Republic of Korea 2 Division of Animal Science, Gyeongsang National University, Jinju 52725, Republic of Korea 3 Department of Animal Science, Chungbuk National University, Cheongju 28644, Republic of Korea
ORCID (for more information, please visit https://orcid.org)	Hyun Woo Kim (https://orcid.org/0000-0002-8000-1219) Seung Yun Lee (https://orcid.org/0000-0002-8861-6517) Sun Jin Hur (https://orcid.org/0000-0001-9386-5852) Dong Yong Kil (https://orcid.org/0000-0002-9297-849X) Jong Hyuk Kim (https://orcid.org/0000-0003-0289-2949)
Competing interests	No potential conflict of interest relevant to this article was reported.
Funding sources State funding sources (grants, funding sources, equipment, and supplies). Include name and number of grant if available.	This research was supported by Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Education (2021R1I1A1A010501414). This work was supported by the research grant of the Chungbuk National University in 2022.
Acknowledgements	Not applicable.
Availability of data and material	Upon reasonable request, the datasets of this study can be available from the corresponding author.
Authors' contributions	Conceptualization: Kim HW, Kil DY, Kim JH

Please specify the authors' role using this form.	<p>Data curation: Kim HW, Lee SY, Kim JH</p> <p>Formal analysis: Kim HW, Lee SY, Kim JH</p> <p>Methodology: Kim HW, Lee SY, Hur SJ, Kil DY, Kim JH</p> <p>Software: Kim HW, Kim JH</p> <p>Validation: Kim HW, Lee SY, Kim JH</p> <p>Investigation: Kim HW, Lee SY, Hur SJ, Kil DY, Kim JH</p> <p>Writing - original draft: Kim HW, Kim JH</p> <p>Writing - review & editing: Kim HW, Lee SY, Hur SJ, Kil DY, Kim JH</p>
Ethics approval and consent to participate	<p>The protocol for the current experiment was reviewed and approved by the Institutional Animal Care and Use Committee at Chung-Ang University (IACUC No. A2022063).</p>

4

5 **CORRESPONDING AUTHOR CONTACT INFORMATION**

For the corresponding author (responsible for correspondence, proofreading, and reprints)	Fill in information in each box below
First name, middle initial, last name	Jong Hyuk Kim
Email address – this is where your proofs will be sent	jonghyuk@chungbuk.ac.kr
Secondary Email address	mrdgj7@naver.com
Address	Department of Animal Science, Chungbuk National University, Cheongju 28644, Republic of Korea
Cell phone number	82 – 10 – 4935 – 8583
Office phone number	82 – 43 – 261 – 2546
Fax number	82 – 43 – 273 – 2240

6

7

Abstract

The objective of this study was to investigate the protective effects of functional nutrients including various functional amino acids, vitamins, and minerals on chicken intestinal epithelial cells (cIECs) treated with oxidative stress. The cIECs were isolated from specific pathogen free eggs. Cells were exposed to 0 mM supplement (control), 20 mM threonine (Thr), 0.4 mM tryptophan (Trp), 1 mM glycine (Gly), 10 μ M vitamin C (VC), 40 μ M vitamin E (VE), 5 μ M vitamin A (VA), 34 μ M chromium (Cr), 0.42 μ M selenium (Se), and 50 μ M zinc (Zn) for 24 h with 6 replicates for each treatment. After 24 h, cells were further incubated with fresh culture medium (positive control; PC) or 1 mM H₂O₂ with different supplements (negative control; NC and each treatment). Oxidative stress was measured by cell proliferation, whereas tight junction barrier function was analyzed by fluorescein isothiocyanate (FITC)-dextran permeability and transepithelial electrical resistance (TEER). Results indicated that cell viability and TEER values were less ($p < 0.05$) in NC treatments with oxidative stress than in PC treatments. In addition, FITC-dextran values were greater ($p < 0.05$) in NC treatments with oxidative stress than in PC treatments. The supplementations of Thr, Trp, Gly, VC, and VE in cells treated with H₂O₂ showed greater ($p < 0.05$) cell viability than the supplementation of VA, Cr, Se, and Zn. The supplementations of Trp, Gly, VC, and Se in cells treated with H₂O₂ showed the least ($p < 0.05$) cellular permeability. In addition, the supplementation of Thr, VE, VA, Cr, and Zn in cells treated with H₂O₂ decreased ($p < 0.05$) cellular permeability. At 48 h, the supplementations of Thr, Trp, and Gly in cells treated with H₂O₂ showed the greatest ($p < 0.05$) TEER values among all treatments, and the supplementations of VC and VE in cells treated with H₂O₂ showed greater ($p < 0.05$) TEER values than the supplementations of VA, Cr, Se, and Zn in cells treated with H₂O₂. In conclusion, Thr, Trp, Gly, and VC supplements were effective in improving cell viability and intestinal barrier function of cIECs exposed to oxidative stress.

Keywords: Chicken intestinal epithelial cell, Functional nutrients, Intestinal permeability, Oxidative stress, Tight junction

INTRODUCTION

Oxidative stress can be viewed as an imbalance between prooxidants and antioxidants in the body [1]. Various stress can adversely affect the structure and physiology of cells, causing impairment of transcription, RNA processing, translation, oxidative metabolism, membrane structure, and function [2,3]. Under normal conditions,

intracellular levels of reactive oxygen species (ROS) are maintained at low levels by various antioxidant systems [4]. However, if the production of various ROS exceeds the neutralizing capacity of antioxidant systems, oxidative stress is initiated [4]. Therefore, various functional nutrients including amino acids (AA), vitamins, and minerals may be potential methods to alleviate oxidative stress in poultry.

Among various AA, dietary supplementations of threonine (Thr), tryptophan (Trp), and glycine (Gly) have gained great attention due to their effect on alleviating stress responses in the intestinal epithelium of broiler chickens [5-7]. The Thr is an important AA for mucin production [8]. The Trp is a key precursor molecule for synthesizing serotonin, melatonin, kynurenic acid, quinolinic acid, and nicotinic acid in the body [9]. Moreover, Gly works with other AA for several crucial metabolic synthesis of creatine, heme, glutathione (GSH), bile acids, nucleic acids, and uric acid [10].

Various vitamins such as vitamin C (VC), vitamin E (VE), and vitamin A (VA) are known to alleviate stress responses, which play a role as representative antioxidants in broiler chickens [11-13]. The VC has an important metabolic antioxidant role by donating an electron to oxidized molecules [14]. Likewise, Jena et al. [15] demonstrated that dietary supplementation of VE had significantly lower malondialdehyde (MDA) levels, increased activities of superoxide dismutase and catalase enzymes, and ferric-reducing antioxidant power in erythrocytes. Moreover, dietary supplementation of VA has an antioxidant effect by decreasing serum and liver MDA levels in broiler chickens reared under heat stress conditions [16].

Various minerals also play important roles in poultry. Among many minerals, chromium (Cr), selenium (Se), and Zinc (Zn), are known to improve growth performance and health by increasing antioxidant capacity of poultry. The Cr is an integral component of chromodulin, which participates in the insulin signaling process across cell membranes [17]. Insulin metabolism is known to be associated with lipid peroxidation [18,19], and therefore, Cr may also be involved in antioxidant activity in the body. In addition, Se is an integral component of glutathione peroxidase (GSH-Px) required for cellular defenses against reactive oxygen species which are highly oxidizing agents in the body, especially under stress conditions [20]. Moreover, Volkova et al. [21] reported that Zn can increase the synthesis of metallothionein and copper-zinc superoxide dismutase (CuZnSOD), which acts as a free radical scavenger to lower oxidative stress in animals.

Intestinal epithelial cells (IECs) are responsible for the absorption of nutrients and could function as an efficient barrier to prevent the invasion of pathogens and toxins from the lumen [22]. The IECs originated from an animal are well-established in vitro models to study intestinal epithelial functions [23]. The use of in vitro cell culture models is highly increased because the use of in vivo animal models involves ethical issues. In addition,

it is tedious and expensive to prepare and maintain in vivo animal models. However, most studies evaluating functional nutrients and oxidative stress in IECs have been performed with IECs (i.e., Caco-2 cell or IPEC-1) from humans and pigs. Thus, studies evaluating effects of functional nutrients on chickens' intestinal epithelial cells (cIECs) exposed to oxidative stress conditions are limited.

Therefore, the objective of the present experiment was to compare the protective effects of functional nutrients on cIECs treated with oxidative stress.

MATERIALS AND METHODS

The protocol for the present experiment was approved by the Institutional Animal Care and the Use Committee (IACUC) at Chung-Ang University (IACUC approval No. A2022063).

Isolation and cultivation of chicken intestinal epithelial cells

In the present study, the cIECs were isolated and cultivated according to the method described by Kaiser et al. [22] with slight modifications [24]. Eggs from specific pathogen free (SPF) birds (VALO Biomedia GmbH, Osterholz-Scharmbeck, Germany) were purchased and incubated using an egg hatching incubator. Primary cells isolated from SPF bird's embryo at 16 d of embryogenesis. The intestine was excised and placed in Hank's Balanced Salt Solution (HBSS, Gibco, UK) supplemented with Calcium and Magnesium. The intestine was washed with HBSS to remove blood and impurities. It was cut into small fragments (~1-2 cm) at room temperature and placed into a 50-mL tube containing HBSS medium. Intestinal tissue fragments were cut again into small pieces with a sterile scalpel blade and placed into a 50-mL tube with 25 mL of digestion medium: Dulbecco Modified Eagle Medium (DMEM; Hyclone, Logan, UT), 2.5% fetal bovine serum (FBS; Corning Cellgro®, Manassas, VA), 2,500 µg/mL gentamicin (Sigma-Aldrich, St. Louis, MO), 100 µg/mL penicillin/streptomycin (Gibco, Grand Island, NY), 1 U/mL dispase II (Sigma-Aldrich, St. Louis, MO), and 75 U/mL collagenases (Sigma-Aldrich, St. Louis, MO). Intestinal fragments were digested in a digestion medium at 37°C for 2 h. Digested intestinal fragments were then filtered through cell strainers (width 40 µm and 100 µm; Falcon, NJ) to isolate crypts from larger intestinal cells. After the crypt was isolated, the acquired material was centrifuged at 100 × g for 3 min. The supernatant was removed, and the residual cell pellet was replaced in washing medium (DMEM, 2% D-sorbitol, 2.5% FBS, 100 µg/mL penicillin/streptomycin and 2,500 µg/mL gentamicin) and

centrifuged at $400 \times g$ and 10 min to isolate cIECs. These cIECs were mixed with 10 mL of growth medium (DMEM, 2.5% FBS, 10 $\mu\text{g/mL}$ insulin, 100 $\mu\text{g/mL}$ penicillin/streptomycin, 2,500 $\mu\text{g/mL}$ gentamicin and 1,400 $\mu\text{g/mL}$ hydrocortisone). After, cIECs were seeded in cell culture plates (SPL, Pocheon-si, Republic of Korea) coated with fibronectin (Sigma-Aldrich, St. Louis, MO) and incubated at 37°C with 5% CO_2 . Cells were routinely cultivated in the culture medium (DMEM, 2.5% FBS, 10 $\mu\text{g/mL}$ insulin, and 100 $\mu\text{g/mL}$ penicillin/streptomycin).

Experimental design

Each dose of functional supplements was mixed with culture medium (DMEM, 2.5% FBS, 10 $\mu\text{g/mL}$ insulin and 100 $\mu\text{g/mL}$ penicillin/streptomycin). Before the formal experiments, preliminary tests were done to determine optimal concentrations of supplements on cIECs by measuring cell viability. Each supplemental level of functional nutrients was reported by previous studies. Cells were then exposed to 0 mM supplement (control), 20 mM Thr (L-Thr; Sigma-Aldrich, St. Louis, MO) [25], 0.4 mM Trp (L-Trp; Sigma-Aldrich, St. Louis, MO) [26], 1 mM Gly (Sigma-Aldrich, St. Louis, MO) [5], 10 μM VC (L-ascorbic acid; Sigma-Aldrich, St. Louis, MO) [28], 40 μM VE (α -tocopherol acetate; Sigma-Aldrich, St. Louis, MO) [29], 5 μM VA (retinyl acetate-water Soluble; Sigma-Aldrich, St. Louis, MO) [30], 34 μM Cr (potassium dichromate; Sigma-Aldrich, St. Louis, MO), 0.42 μM Se (seleno-L-methionine; Sigma-Aldrich, St. Louis, MO) [23], and 50 μM Zn (zinc sulfate heptahydrate; Sigma-Aldrich, St. Louis, MO) [32] for 24 h with 6 replicates for each treatment. After 24 h, cells were further incubated with the fresh culture medium (positive control; PC) or 1 mM H_2O_2 (negative control, NC; added from stock solutions prepared in cell culture medium) with different supplements (each treatment).

Cell viability

Cells were seeded into 96-well plates at a density of 5×10^4 cells/well and incubated at 37°C for 24 h in a humidified atmosphere containing 5% CO_2 . The experimental procedure followed the method of Chung et al. [32]. Briefly, cells were incubated for 24 h and treated with or without 1 mM H_2O_2 for 6 h. After exposure to functional supplements and H_2O_2 , cell viability was determined using a Quanti-MAX WST-8 assay (Biomax, Seoul, Republic of Korea) following the manufacturer's protocol. After incubation, cells were replaced with 100 μL of fresh culture medium. After adding 10 μL of WST-8 assay solution into each well, cells were then incubated for 4 h. Subsequently, the absorbance of cells in each well was measured at 450 nm using a microplate reader (Spectramax 190, Molecular Device, CA).

Paracellular tracer flux assay

Tight junction permeability in cIECs was measured using fluorescein isothiocyanate (FITC)-dextran as demonstrated by Park et al. [33] and Hoff et al. [34]. Briefly, cells were seeded in the apical chamber of a 24-well transwell filter with 0.4 μm pores (SPL, Pocheon-si, Republic of Korea) at 4×10^5 /well and incubated at 37°C for 24 h in a humidified atmosphere containing 5% CO_2 . For cell differentiation, the culture medium was replaced with a differentiation medium containing 50 $\mu\text{g/mL}$ dexamethasone (Sigma-Aldrich, St. Louis, MO) every 2 d. On the 9th day of the seeding process, cells were incubated with supplements for 24 h and treated with or without 1 mM H_2O_2 for 6 h. After cells were treated, FITC-dextran (Sigma-Aldrich, St. Louis, MO) dissolved in cell differentiation medium was added to the apical chamber at a final concentration of 2.2 mg/mL and well plates were incubated for 1 h. Five aliquots of 200 μL were taken from each well of a 24-well plate and added into a black 96-well plate with a clear bottom (SPL, Pocheon-si, Republic of Korea). The amount of fluorescence in the black 96-well plate was measured by a fluorescence reader (Spectramax, Gemini EM, Molecular Devices, Sunnyvale, CA), at excitation and emission wavelength of 490 and 535 nm, respectively.

Measurement of trans-epithelial electrical resistance (TEER)

The trans-epithelial electrical resistance (TEER) measurements were conducted as described by Du et al. [35] and Vergauwen et al. [27]. Briefly, differentiated cIECs in 0.4 μm pores apical chamber as described above were treated with functional supplements and H_2O_2 . Then 24-well plates were placed in a hot plate (Daihan scientific, Wonju, Republic of Korea) at 37°C. The TEER was measured at 0 h, 24 h, and 48 h using an EVOM 3 epithelial voltohmmeter (World precision instruments, Sarasota, FL) following the manufacturer's protocol. The TEER was calculated as $\Omega\cdot\text{cm}^2$ by multiplying by the surface area of the apical chamber (0.33 cm^2).

Statistical analysis

Statistical analysis was performed as a completely randomized design by using the PROC MIXED procedure of SAS (SAS Institute Inc., Cary, NC). Each replicate was considered an experimental unit. Outlier data were checked by the UNIVARIATE procedure of SAS [36]. The LSMEANS procedure was used to calculate treatment means. In addition, if the difference was significant, the PDIF option of SAS was conducted to separate the means. The significance for statistical tests was considered at $p < 0.05$.

RESULTS

Cell viability

The effects of various functional feed nutrients on the viability of cells treated with oxidative stress of H₂O₂ are shown in Figure 1. The cell viability was less ($p < 0.05$) in NC treatments with oxidative stress and no supplements than in PC treatments without oxidative stress and supplements. All treatments of functional nutrients in cells treated with H₂O₂ increased ($p < 0.05$) cell viability as compared to NC treatments. The supplementations of Thr, Trp, Gly VC, and VE in cells treated with H₂O₂ showed greater ($p < 0.05$) cell viability than the supplementation of other nutrients including VA, Cr, Se, and Zn.

Paracellular tracer flux assay

The effects of various functional nutrients on cellular permeability of tight junctions in cIECs treated with oxidative stress of H₂O₂ are presented in Figure 2. The cell permeability was the greatest ($p < 0.05$) in NC treatments with oxidative stress and no supplements among all treatments. All treatments of functional nutrients decreased the cellular permeability in cells treated with H₂O₂. The supplementations of Trp, Gly, VC, and Se in cells treated with H₂O₂ showed the least ($p < 0.05$) cellular permeability. In addition, the supplementation of Thr, VE, VA, Cr, and Zn in cells treated with H₂O₂ decreased ($p < 0.05$) cellular permeability and showed similar values with PC treatments without oxidative stress and supplements.

Measurement of trans-epithelial electrical resistance (TEER)

The effects of various functional nutrients on the TEER values for cIECs are shown in Figure 3. At all measurement times, the TEER values were the least ($p < 0.05$) consistently in NC treatments with oxidative stress and no supplements among all treatments. All treatments of functional nutrients increased ($p < 0.05$) TEER values in cells treated with H₂O₂. At 24 h, the supplementations of Trp and Gly in cells treated with H₂O₂ showed greater ($p < 0.05$) TEER values than PC treatments without oxidative stress and supplements. Furthermore, other supplementations of Thr, VC, VE, VA, Cr, Se, and Zn in cells treated with H₂O₂ showed no difference with PC treatments. At 48 h, the supplementations of Thr, Trp, and Gly in cells treated with H₂O₂ showed the greatest ($p < 0.05$) TEER values among all treatments, and the supplementations of VC and VE in cells treated with H₂O₂

showed greater ($p < 0.05$) TEER values than the supplementations of VA, Cr, Se, and Zn in cells treated with H_2O_2 .

DISCUSSION

In the present study, H_2O_2 was used as a potent trigger of oxidative stress to disrupt the intestinal epithelial barrier of cIECs [37]. Oxidative stress can be recognized as an imbalance between prooxidants and antioxidants in the body [38]. Under stress conditions, antioxidant systems based on several antioxidant agents and mechanisms can protect cells in the body from the harmful effects of oxidative stress [39,40]. Oxidative stress can damage cell membrane structure and disrupt tight junction complex in the intestine [41]. For this reason, increases of macromolecules, endotoxins, and pathogens due to impaired tight junctions are also related to decreased absorption of nutrition and increased inflammation in the intestine [42]. Exposure to H_2O_2 resulted in numerous dead or disrupted cells [43]. In addition, exposure to 1 mM H_2O_2 for 1 h resulted in acute cytotoxicity to IPEC-J2 cells [27]. Similar observation was found in the current experiment.

The results from our experiment also revealed that all functional supplements increased the cell viability of cIECs treated with H_2O_2 compared with NC treatments, consistent with previous studies reporting that various functional supplements could improve cell viability of cells treated with H_2O_2 by each mechanism. Christine et al. [25] reported that Thr enhanced protective heat shock protein (HSP) 70 expression and cell size stabilization by cellular osmosensing pathway for protecting cells in IPEC-1 from oxidative stress caused by heat stress. Wang et al. [26] reported that 0.4 and 0.8 mmol/L Trp stimulated cell growth because of the fact that Trp activates rapamycin complex 1 (mTORC1) known to regulate cell growth, protein synthesis, and proteolysis in various types of cells. Wang et al. [5] reported that increasing supplementation of Gly increased the growth of IPEC-1 because Gly is known as an essential precursor for the nucleotides that stimulated protein synthesis and inhibited proteolysis in IPEC-1. The VC is well-known as an antioxidant by donating an electron to oxidized molecules [14]. Vergauwen et al. [27] reported that the supplementation of VC increased cell viability and decreased injury in IPEC-J2 under oxidative stress. The VE and VA are also known as antioxidants that prevent lipid peroxidation in the cell membrane by preventing its chain propagation via the removal of free radicals [11,44]. In addition, Cr is an integral component of chromodulin known to participate in the insulin actions that are associated with lipid peroxidation [19,45]. Likewise, Se is an integral component of GSH-Px that is required for cellular defenses

against reactive oxygen species [20]. Volkova et al. [21] reported that Zn increases the synthesis of CuZnSOD, which acts as a free radical scavenger to lower oxidative stress in animals. As described above, nine supplements used in the current study are recognized as representative functional nutrients that act as antioxidants to protect cells from stress or precursors of major molecules in the body. Therefore, our current result agreed with previous studies indicating that functional nutrients increased cell viability under oxidative stress because of increase in cell growth, protein synthesis, and antioxidant capacity.

Tight junctions of intestinal epithelium are mainly composed of transmembrane protein complexes such as occludin (*OCN*), claudin (*CLDN*), and zonula occluding-1 (*ZO-1*) as cytosolic proteins [46]. Furthermore, the mucin 2 (*MUC2*) gene expressed by goblet cells is associated with mucin production in the mucous layer of the intestinal epithelium, which also plays a role in intestinal barrier functions [47]. The improvement of tight junction proteins is expected to enhance intestinal mucosal barrier function by sealing the paracellular space between neighboring epithelial cells, therefore protecting the intestine against the passage of toxins or microorganisms into the body [5]. In addition, tight junction proteins are related to restriction of movement of lipids and membrane-bound proteins between apical and basolateral membranes, thereby contributing to the cell polarity for appropriate intestinal mucosal function [48].

Oxidative stress can damage cell membrane structure and disrupt tight junction complexes in the intestine [41]. Increasing intestinal permeability under stress conditions disrupted intestinal epithelial integrity [49]. In addition, the disruption mechanism of IECs under various stress conditions is associated with tight junctions and adherens junctions [50]. Disruption of tight junctions enables free passage of macromolecules, endotoxins, or pathogens. It is also related to decreased absorption of nutrition and increased inflammation in the intestine [42,51]. The intestinal cells under stress conditions show decreased TEER, which is commonly used to measure intestinal permeability with increasing TEER values indicating decreased intestinal permeability [52].

The results from the current study showed that functional nutrients decreased the FITC-permeability and increased TEER values in cIECs under oxidative stress conditions. Permeability assay by FITC-dextran and TEER measurement were applied to measure the functional integrity of the epithelial monolayer [53,54]. This study clearly showed the positive effects of functional nutrients on membrane integrity as assessed by FITC-dextran flux and TEER. As expected, functional nutrients used in this study increased epithelial monolayer integrity in the IECs under oxidative stress. Azzam et al. [55] reported that increasing Thr levels can improve *MUC2* gene expression of the ileum and jejunum mucosa in laying hens under heat stress conditions. The *MUC2* gene is the marker of goblet cells as a direct target of transcription factors involved in intestinal development and cell

differentiation [56]. Wang et al. [26] reported that supplementation of Trp upregulated the abundance of *OCN*, *CLDN*, and *ZO-1* in IECs. The Gly can indirectly alter mucin turnover, either by lowering the catabolism of Thr into Gly or serving as a substrate for the synthesis of mucin, given that Gly is placed in the central structure of mucin [57]. Vergauwen et al. [27] reported that VC significantly increased TEER value and decreased FITC-dextran permeability in IPEC-J2 cell monolayer under oxidative stress conditions. Liu et al. [43] showed that dietary supplementation of VE and Se increased TEER values and decreased FITC-dextran permeability in the intestine of pigs exposed to heat stress. Likewise, dietary supplementation of VE and Se improved the epithelial conductance in rats under heat stress conditions [58]. Xiao et al. [30] described that VA increased TEER values and expression levels of *OCN*, *CLDN*, and *ZO-1* in Caco-2 cells treated with LPS. Huang et al. [59] reported that dietary supplementations of Cr increased gut morphology such as villus height and villus height: crypt depth ratio in broiler chickens under heat stress conditions. Pardo and Seiquer [60] reported that supplementation of Zn in Caco-2 cells under heat stress conditions decreased intestinal permeability and increased TEER values. Therefore, our results of intestinal permeability agreed with previous studies indicating that functional nutrients used in this study increased intestinal integrity under stress conditions.

In the current study, Thr, Trp, Gly, and VC were more effective than other nutrients in increasing cell viability and decreasing cell permeability. However, there is a lack of data regarding comparison of cellular effects in cIECs treated with various nutrients under oxidative stress conditions. In stress conditions, AA requirement of chickens is reported to be increased [6,61,62]. Therefore, adequate intake of Thr and its efficient utilization by the intestinal cells are required to maintain mucosa integrity [8]. In addition, Thr in enterocytes can be metabolized via the catabolic pathway such as Gly, acetyl CoA, and pyruvate metabolism [63,64]. In addition, Christine et al. [25] showed that Thr prevents cellular apoptosis and enhances cellular HSP expression in an *in vitro* model of cells exposed to heat stress. The Trp play a role in protein synthesis as other AA, but it is also a key precursor molecule for synthesizing serotonin, melatonin, kynurenic acid, quinolinic acid, and nicotinic acid in the body [9]. Likewise, Gly contributes to various metabolic functions and works with other AA for several crucial metabolic syntheses of creatine, heme, GSH, bile acids, nucleic acids, and uric acid [10]. The VC has an important metabolic role because of its reducing properties by donating an electron to oxidized molecules [14]. Although other nutrients also have various antioxidant effects in cells treated with H₂O₂, Thr, Trp, Gly, and VC had more positive effect on improving the antioxidant capacity of cells in the current experiment. To the best of our knowledge, this is the first study to explore the effects of nine functional nutrients on tight junction barrier functions of cIECs. However, the clear reason why Thr, Trp, Gly, and VC were more effective than other nutrients is not available.

Further studies are required to identify different cellular mechanisms regarding cell functions and integrity among functional nutrients.

In conclusion, all functional nutrients used in the current study improve cell viability and decrease intestinal permeability. Especially, Thr, Trp, Gly, and VC are more effective in improving cell viability and decreasing intestinal permeability of cIECs. The current experiment can provide the potential approach to screen various functional nutrients in vitro before conducting in vivo studies.

ACCEPTED

REFERENCES

1. Rahal A, Kumar A, Singh V, Yadav B, Tiwari R, Chakraborty S, et al. Oxidative Stress, Prooxidants, and Antioxidants: The Interplay. *Biomed Res Int.* 2014;761264:1-19. <https://doi.org/10.1155/2014/761264>
2. Kim B, Kim HR, Kim KH, Ji SY, Kim M, Lee Y, et al. Effects of acute heat stress on salivary metabolites in growing pigs: an analysis using nuclear magnetic resonance-based metabolomics profiling. *J. Anim. Sci. Technol.* 2021;63:319-31. <https://doi.org/10.5187/jast.2021.e23>
3. Kim B, Reddy KE, Kim HR, Kim KH, Lee Y, Kim M, et al. Effects of recovery from short-term heat stress exposure on feed intake, plasma amino acid profiles, and metabolites in growing pigs. *J. Anim. Sci. Technol.* 2021;63:531-44. <https://doi.org/10.5187/jast.2021.e53>
4. Lauridsen, C. From oxidative stress to inflammation: redox balance and immune system. *Poult Sci.* 2019;98:4240-6. <https://doi.org/10.3382/ps/pey407>
5. Wang W, Wu Z, Lin G, Hu S, Wang B, Dai Z, et al. Glycine stimulates protein synthesis and inhibits oxidative stress in pig small intestinal epithelial cells. *J Nutr.* 2014;144:1540-8. <https://doi.org/10.3945/jn.114.194001>
6. Awad EA, Zulkifli I, Soleimani AF, Loh TC. Individual non-essential amino acids fortification of a low-protein diet for broilers under the hot and humid tropical climate. *Poult Sci.* 2015;94:2772-7. <https://doi.org/10.3382/ps/pev258>
7. Howard A, Tahir I, Javed S, Waring SM, Ford D, Hirst BH. Glycine transporter GLYT1 is essential for glycine-mediated protection of human intestinal epithelial cells against oxidative damage. *J Physiol.* 2010;588:995-1009. <https://doi.org/10.1113/jphysiol.2009.186262>
8. Gum, JRJ. Mucin genes and the proteins they encode: structure, diversity, and regulation. *Am J Respir Cell Mol Biol.* 1992;7:557-64. <https://doi.org/10.1165/ajrcmb/7.6.557>
9. Le Floc'h N, Otten W, Merlot E. Tryptophan metabolism, from nutrition to potential therapeutic applications. *Amino Acids.* 2011;41:1195-205. <http://doi.org/10.1007/s00726-010-0752-7>
10. Corzo A, Kidd MT, Burnham DJ, Kerr BJ. Dietary glycine needs of broiler chicks. *Poult Sci.* 2004;83:1382-4. <https://doi.org/10.1093/ps/83.8.1382>
11. Abd El-Hack ME, Mahrose K, Arif M, Chaudhry MT, Saadeldin IM, Saeed M, et al. Alleviating the environmental heat burden on laying hens by feeding on diets enriched with certain antioxidants (vitamin E and selenium) individually or combined. *Environ Sci Pollut Res.* 2017;24:10708-17. <https://doi.org/10.1007/s11356-017-8690-5>
12. Selvam R, Saravanakumar M, Suresh S, Sureshbabu G, Sasikumar M, Prashanth D. Effect of vitamin E supplementation and high stocking density on the performance and stress parameters of broilers. *Rev Bras Cienc Avic.* 2017;19:587-94. <https://doi.org/10.1590/1806-9061-2016-0417>

- 312 13. Shewita RS, El-Naggar K, Abd El Naby SH. Influence of dietary vitamin C on growth performance, blood
313 biochemical parameters and transcript levels of heat shock proteins in high stocking density reared broiler
314 chickens. *Slov Vet Res.* 2019;56:129-38. <http://doi.org/10.26873/SVR-750-2019>
- 315 14. Khan RU, Rahman ZU, Javed I, Muhamad F. Effect of vitamins, probiotics and protein on semen traits in
316 post-molt male broiler breeders. *Anim Reprod Sci.* 2012;135:85-90.
317 <https://doi.org/10.1016/j.anireprosci.2012.09.005>
- 318 15. Jena BP, Panda N, Patra RC, Mishra PK, Behura NC, Panigrahi. B. Supplementation of vitamin E and C
319 reduces oxidative stress in broiler breeder hens during summer. *Food Nutr Sci.* 2013;4:33-7.
320 <http://doi.org/10.4236/fns.2013.48A004>
- 321 16. Sahin K, Sahin N, Sari M, Gursu M. Effects of vitamins E and A supplementation on lipid peroxidation and
322 concentration of some 50 mineral in broilers reared under heat stress (32°C). *Nutr Res.* 2002;22:723-31.
323 [https://doi.org/10.1016/S0271-5317\(02\)00376-7](https://doi.org/10.1016/S0271-5317(02)00376-7)
- 324 17. Vincent JB. The biochemistry of chromium. *J Nutr.* 2000;130:715-8. <http://doi.org/10.1093/jn/130.4.715>
- 325 18. Gallaher BW, Breier BH, Keven CL, Harding JE, Gluckman PD. Fetal programming of insulin-like growth
326 factor (IGF)-I and IGF-binding protein-3: evidence for an altered response to undernutrition in late gestation
327 following exposure to periconceptual undernutrition in the sheep. *J Endocrinol.* 1998;159:501-8.
328 <http://doi.org/10.1677/joe.0.1590501>
- 329 19. Mikulski D, Jankowski J, Zdunczyk Z, Wróblewska M, Sartowska K, Majewska T. The effect of selenium
330 source on performance, carcass traits, oxidative status of the organism, and meat quality of turkeys. *J Anim*
331 *Feed Sci.* 2009;18:518-30. <https://doi.org/10.22358/jafs/66427/2009>
- 332 20. Surai, PF. Selenium in poultry nutrition 1. Antioxidant properties, deficiency and toxicity. *Worlds Poult Sci*
333 *J.* 2002;58:333-47. <https://doi.org/10.1079/WPS20020026>
- 334 21. Volkova IV, Sukhova LL, Davydov VV, Goloborod'ko AV. The activity of the first line enzymes of the
335 antioxidant defence in the liver of pubertal rats during stress. *Biomed Khim.* 2012;58:573-8.
336 <http://doi.org/10.18097/pbmc20125805573>
- 337 22. Kaiser A, Willer T, Steinberg P, Rautenschlein S. Establishment of an in vitro intestinal epithelial cell culture
338 model of avian origin. *Avian Dis.* 2017;61:229-36. <https://doi.org/10.1637/11524-110216-Reg.1>
- 339 23. Tang J, Cao L, Jia G, Liu G, Chen X, Tian G, et al. The protective effect of selenium from heat stress induced
340 porcine small intestinal epithelial cell line (IPEC-J2) injury is associated with regulation expression of
341 selenoproteins. *Br J Nutr.* 2019;122:1081-90. <https://doi.org/10.1017/S0007114519001910>
- 342 24. Yuan C, Qiang H, Li JM, Azzam MM, Lu JJ, Zou XT. Evaluation of embryonic age and the effects of
343 different proteases on the isolation and primary culture of chicken intestinal epithelial cells in vitro. *Anim*
344 *Sci J.* 2015;86:588-94. <https://doi.org/10.1111/asj.12337>

25. Christine H, Baird BS, Niederlechner MS, Ryan Beck BS, Alyssa R, Kallweit BS, et al. L-Threonine induces heat shock protein expression and decreases apoptosis in heat-stressed intestinal epithelial cells. *Nutrition* 2013;29:1404-11. <https://doi.org/10.1016/j.nut.2013.05.017>
26. Wang H, Ji Y, Wu G, Sun K, Sun Y, Wei L, et al. L-Tryptophan activates mammalian target of rapamycin and enhances expression of tight junction proteins in intestinal porcine epithelial cells. *J Nutr* 2015;145:1156-62. <https://doi.org/10.3945/jn.114.209817>
27. Vergauwen H, Tambuyzer B, Jennes K, Degroote J, Wang W, De Smet S, et al. Trolox and ascorbic acid reduce direct and indirect oxidative stress in the IPEC-J2 cells, an in vitro model for the porcine gastrointestinal tract. *PLoS One*. 2015;10:e0120485. <https://doi.org/10.1371/journal.pone.0120485>
28. Intra J, Kuo SM. Physiological levels of tea catechins increase cellular lipid antioxidant activity of vitamin C and vitamin E in human intestinal Caco-2 cells. *Chem Biol Interact*. 2007;169:91-9. <https://doi.org/10.1016/j.cbi.2007.05.007>
29. Xiao S, Li Q, Hu K, He Y, Ai Q, Hu L. Vitamin A and retinoic acid exhibit protective effects on necrotizing enterocolitis by regulating intestinal flora and enhancing the intestinal epithelial barrier. *Arch Med Res*. 2018;49:1-9. <https://doi.org/10.1016/j.arcmed.2018.04.003>
30. Shrivastava R, Upreti RK, Chaturvedi UC. Various cells of the immune system and intestine differ in their capacity to reduce hexavalent chromium. *FEMS Immun Med Microbiol*. 2003;38:65-70. [https://doi.org/10.1016/S0928-8244\(03\)00107-X](https://doi.org/10.1016/S0928-8244(03)00107-X)
31. Li T, He W, Liao X, Lin X, Zhang L, Lu L, et al. Zinc alleviates the heat stress of primary cultured hepatocytes of broiler embryos via enhancing the antioxidant ability and attenuating the heat shock responses. *Ani Nutr*. 2021;7:621-30. <https://doi.org/10.1016/j.aninu.2021.01.003>
32. Chung, CH, Jung W, Keum H, Kim TW, Jon S. Nanoparticles Derived from the Natural antioxidant rosmarinic acid ameliorate acute inflammatory bowel disease. *ACS Nano*. 2020;14:6887-96. <https://doi.org/10.1021/acsnano.0c01018>
33. Park SH, Kim J, Kim D, Moon Y. Mycotoxin detoxifiers attenuate deoxynivalenol-induced pro-inflammatory barrier insult in porcine enterocytes as an in vitro evaluation model of feed mycotoxin reduction. *Toxicol Vitro*. 2017;38:108-6. <https://doi.org/10.1016/j.tiv.2016.10.003>
34. Hoff D, Sheikh L, Bhattacharya S, Nayar S, Webster TJ. Comparison study of ferrofluid and powder iron oxide nanoparticle permeability across the blood-brain barrier. *Int J Nanomedicine*. 2013;8:703-10. <http://doi.org/10.2147/IJN.S35614>
35. Du Z, Kim KH, Kim J, Moon Y. Fungal deoxynivalenol-induced enterocyte distress is attenuated by adulterated adlay: in vitro evidences for mucoactive counteraction. *Front Immunol*. 2018;9:186. <https://doi.org/10.3389/fimmu.2018.00186>
36. Steel RGD, Torrie JH, Dickey DA. *Principles and Procedures of Statistics: A Biometrical Approach*. 3rd. NY: McGraw Hill Book Co.; 1997.

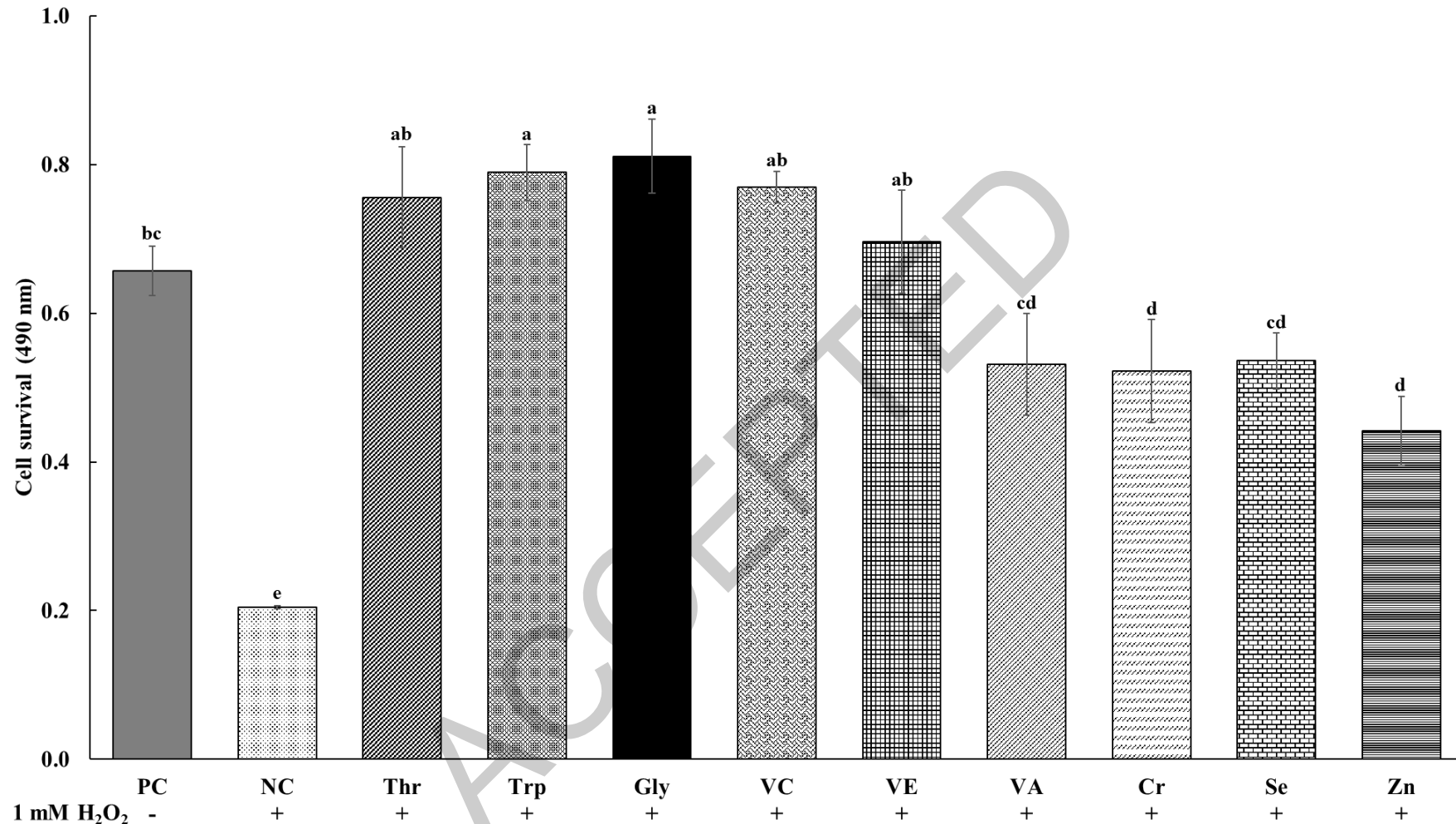
- 380 37. Rao R. Oxidative stress-induced disruption of epithelial and endothelial tight junctions. *Front Biosci.*
381 2008;13:7210-26. <https://doi.org/10.2741/3223>
- 382 38. Pisoschi AM, Pop A. The role of antioxidants in the chemistry of oxidative stress: A review. *Eur J Med*
383 *Chem.* 2015;97:55-74. <https://doi.org/10.1016/j.ejmech.2015.04.040>
- 384 39. Ferreccio C, Psych CG, Stat VM, Gredis GM, Sancha AM. Lung cancer and arsenic exposure in drinking
385 water: a case-control study in northern Chile. *Cad Saude Publ.* 1998;14:193-8.
386 <https://doi.org/10.1590/S0102-311X1998000700021>
- 387 40. Chlubek, D. Fluoride in Medicine, Biology and Toxicology. Warsaw: Borgis LTD; 2003.
- 388 41. Rao RK, Basuroy S, Rao VU, Karnaky KJ, Gupta A. Tyrosine phosphorylation and dissociation of occludin-
389 ZO-1 and E-cadherin-beta-catenin complexes from the cytoskeleton by oxidative stress. *Biochem. J.*
390 2002;368:471-81. <https://doi.org/10.1042/bj20011804>
- 391 42. Wang HB, Wang PY, Wang X, Wan YL, Liu YC. Butyrate enhances intestinal epithelial barrier function via
392 upregulation of tight junction protein Claudin-1 transcription. *Dig Dis Sci.* 2012;57:3126-35.
393 <http://doi.org/10.1007/s10620-012-2259-4>
- 394 43. Liu F, Cottrell JJ, Furness JB, Rivera LR, Kelly FW, Wijesiriwardana U, et al. Selenium and vitamin E
395 together improve intestinal epithelial barrier function and alleviate oxidative stress in heat-stressed pigs. *Exp*
396 *Physiol.* 2016;101:801-10. <https://doi.org/10.1113/EP085746>
- 397 44. Bjørneboe A, Bjørneboe GEA, Drevon CA. Absorption, transport and distribution of vitamin E. *J Nutr.*
398 1990;120:233-42. <https://doi.org/10.1093/jn/120.3.233>
- 399 45. Gallaher DD, Csallany AS, Shoeman DW, Olson JM. Diabetes increases excretion of urinary malondialdehyde
400 conjugates in rats. *Lipids.* 1993;28:663-6. <http://doi.org/10.1007/BF02536063>
- 401 46. Song J, Xiao K, Ke YL, Jiao LF, Hu CH, Diao QY, et al. Effect of a probiotic mixture on intestinal microflora,
402 morphology, and barrier integrity of broilers subjected to heat stress. *Poult Sci.* 2014;93:581-8.
403 <https://doi.org/10.3382/ps.2013-03455>
- 404 47. Yonezawa S, Goto M, Yamada N, Higashi M, Nomoto M. Expression profiles of MUC1, MUC2, and
405 MUC4 mucins in human neoplasms and their relationship with biological behaviour. *Proteomics.*
406 2008;8:3329-41. <https://doi.org/10.1002/pmic.200800040>
- 407 48. Matter K, Balda MS. Signalling to and from tight junctions. *Nat Rev Mol Cell Biol.* 2003;4:225-36.
408 <http://doi.org/10.1038/nrm1055>
- 409 49. Dokladny K, Ye D, Kennedy JC, Moseley PL, Ma TY. Cellular and molecular mechanisms of heat stress-
410 induced up-regulation of occludin protein expression regulatory role of heat shock factor-1. *Am J Pathol.*
411 2008;172:659-70. <https://doi.org/10.2353/ajpath.2008.070522>

50. Xiao G, Tang L, Yuan F, Zhu W, Zhang S, Liu Z, et al. Eicosapentaenoic acid enhances heat stress-impaired intestinal epithelial barrier function in Caco-2 cells. *Plos One*. 2013;8:e73571. <https://doi.org/10.1371/journal.pone.0073571>
51. Yoon JW, Lee SI. Gene expression profiling after ochratoxin A treatment in small intestinal epithelial cells from pigs. *J. Anim. Sci. Technol*. 2022;64:842-53. <https://doi.org/10.5187/jast.2022.e49>
52. Varasteh S, Braber S, Akbari P, Garssen J, Johanna FG. Differences in susceptibility to heat stress along the chicken intestine and the protective effects of Galacto-Oligosaccharides. *PLoS One*. 2015;10:1-18. <https://doi.org/10.1371/journal.pone.0138975>
53. Buzza MS, Netzel-Arnett S, Shea-Donohue T, Zhao A, Lin CY, List K, et al. Membrane-anchored serine protease matriptase regulates epithelial barrier formation and permeability in the intestine. *Proc Natl Acad Sci USA*. 2010;107:4200-05. <https://doi.org/10.1073/pnas.0903923107>
54. Ershad M, Shigenaga MK, Bandy B. Differential protection by anthocyanin-rich bilberry extract and resveratrol against lipid micelle-induced oxidative stress and monolayer permeability in Caco-2 intestinal epithelial cells. *Food Funct*. 2021;12:2950-61. <https://doi.org/10.1039/D0FO02377A>
55. Azzam MMM, Dong XY, Xie P, Wang C, Zou XT. The effect of supplemental L-threonine on laying performance, serum free amino acids, and immune function of laying hens under high-temperature and high-humidity environmental climates. *J Appl Poult Res*. 2011;20:361-70. <https://doi.org/10.3382/japr.2010-00308>
56. Van der Sluis M., Melis MHM, Jonckheere N, Ducourouble MP, Büller HA, Renes I, et al. The murine Muc2 mucin gene is transcriptionally regulated by the zinc-finger GATA-4 transcription factor in intestinal cells. *Biochem Biophys Res Commun*. 2004;325:952-60. <https://doi.org/10.1016/j.bbrc.2004.10.108>
57. Ospina-Rojas IC, Murakami AE, Oliveira CAL, Guerra AFQG. Supplemental glycine and threonine effects on performance, intestinal mucosa development, and nutrient utilization of growing broiler chickens. *Poult Sci*. 2013;92:2724-31 <https://doi.org/10.3382/ps.2013-03171>
58. Maseko T, Dunshea FR, Howell K, Cho HJ, Rivera LR, Furness JB, et al. Selenium-enriched *Agaricus bisporus* mushroom protects against increase in gut permeability ex vivo and up-regulates glutathione peroxidase 1 and 2 in hyperthermally-induced oxidative stress in rats. *Nutrients*. 2014;6:2478-92. <https://doi.org/10.3390/nu6062478>
59. Huang YL, Luo QH, Xiao F, Lin X, Spears JW. Research Note: Responses of growth performance, immune traits, and small intestinal morphology to dietary supplementation of chromium propionate in heat-stressed broilers. *Poult Sci*. 2020;99:5070-3. <https://doi.org/10.1016/j.psj.2020.07.005>
60. Pardo Z, Seiquer I. Supplemental zinc exerts a positive effect against the heat stress damage in intestinal epithelial cells: Assays in a Caco-2 model. *J Funct Foods*. 2021;83:104569. <https://doi.org/10.1016/j.jff.2021.104569>

- 446 61. Zarate AJ, Moran ETJ, Burnham DJ. Exceeding essential amino acid requirements and improving their
447 balancing as a means to minimize heat stress with broilers. *J Appl Poult Res.* 2003;12:37-44.
448 <https://doi.org/10.1093/japr/12.1.37>
- 449 62. Qaid MM, Al-Garadi MA. Protein and amino acid metabolism in poultry during and after heat stress: a
450 review. *Anim.* 2021;11:1167. <https://doi.org/10.3390/ani11041167>
- 451 63. Kidd MT, Kerr BJ. L-threonine for poultry: A review. *J Appl Poult Res.* 1996;5:358-67.
452 <https://doi.org/10.1093/japr/5.4.358>
- 453 64. Huang M, Zhang X, Yan W, Liu, J, Wang Hui. Metabolomics reveals potential plateau adaptability by
454 regulating inflammatory response and oxidative stress-related metabolism and energy metabolism pathways
455 in yak. *J. Anim. Sci. Technol.* 2022;64:97-109. <https://doi.org/10.5187/jast.2021.e129>

456

ACCEPTED



457

458

459

460

Figure 1. Effects of functional feed additives on cell proliferation in chicken intestinal epithelial cells (cIECs) after oxidative stress. All data are presented as mean \pm SE (n=6). Bars with different letters were significantly different ($p < 0.05$). PC, positive control; NC, negative control; Thr, threonine; Trp, tryptophan; Gly, glycine; VC, vitamin C; VE, vitamin E; VA, vitamin A; Cr, chromium; Se, selenium; Zn, zinc.

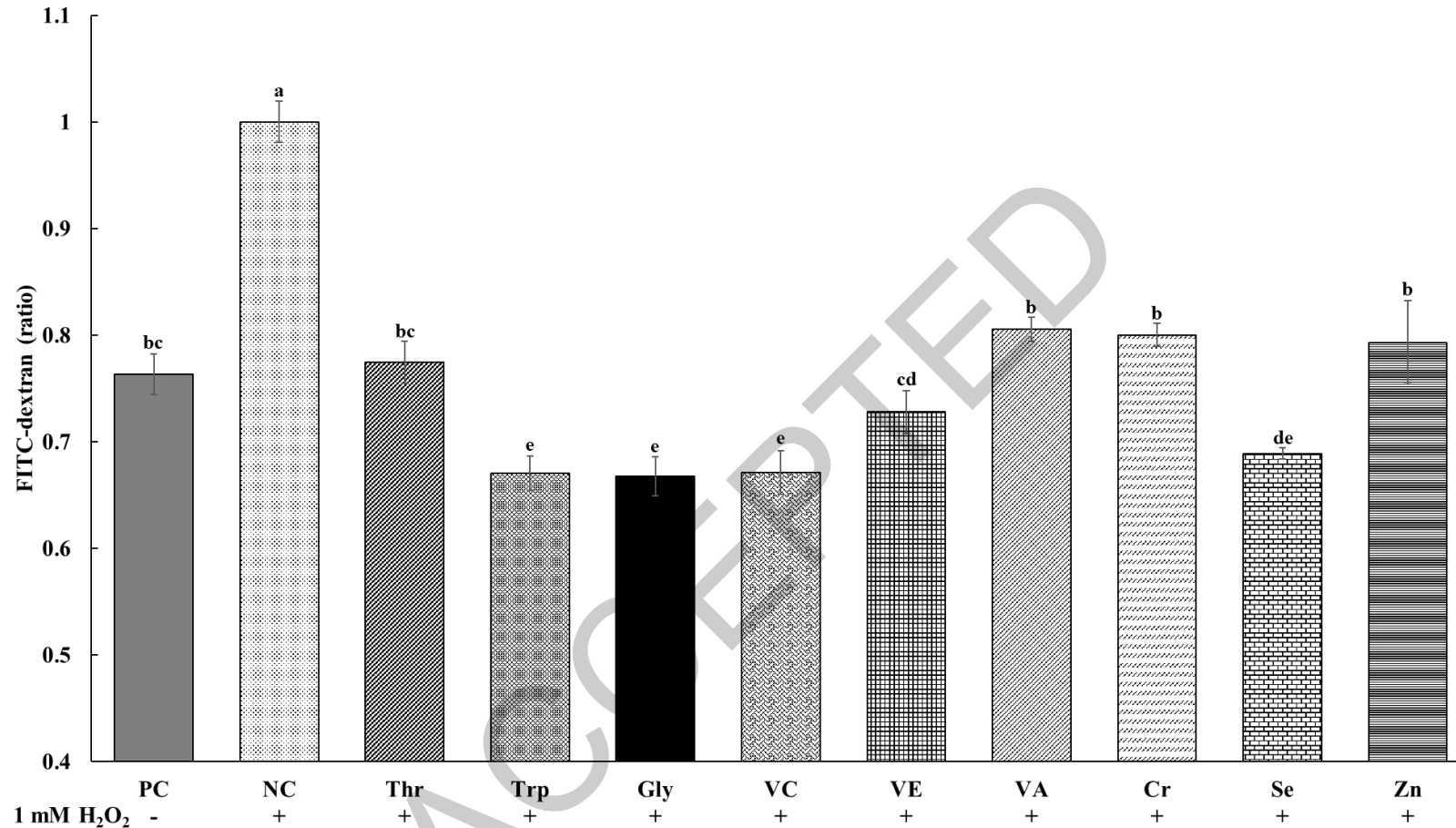


Figure 2. Effects of functional feed additives on fluorescein isothiocyanate (FITC)-dextran permeability of tight junction in chicken intestinal epithelial cells (cIECs) after oxidative stress. All data are presented as mean \pm SE (n=6). Bars with different letters were significantly different ($p < 0.05$). PC, positive control; NC, negative control; Thr, threonine; Trp, tryptophan; Gly, glycine; VC, vitamin C; VE, vitamin E; VA, vitamin A; Cr, chromium; Se, selenium; Zn, zinc.

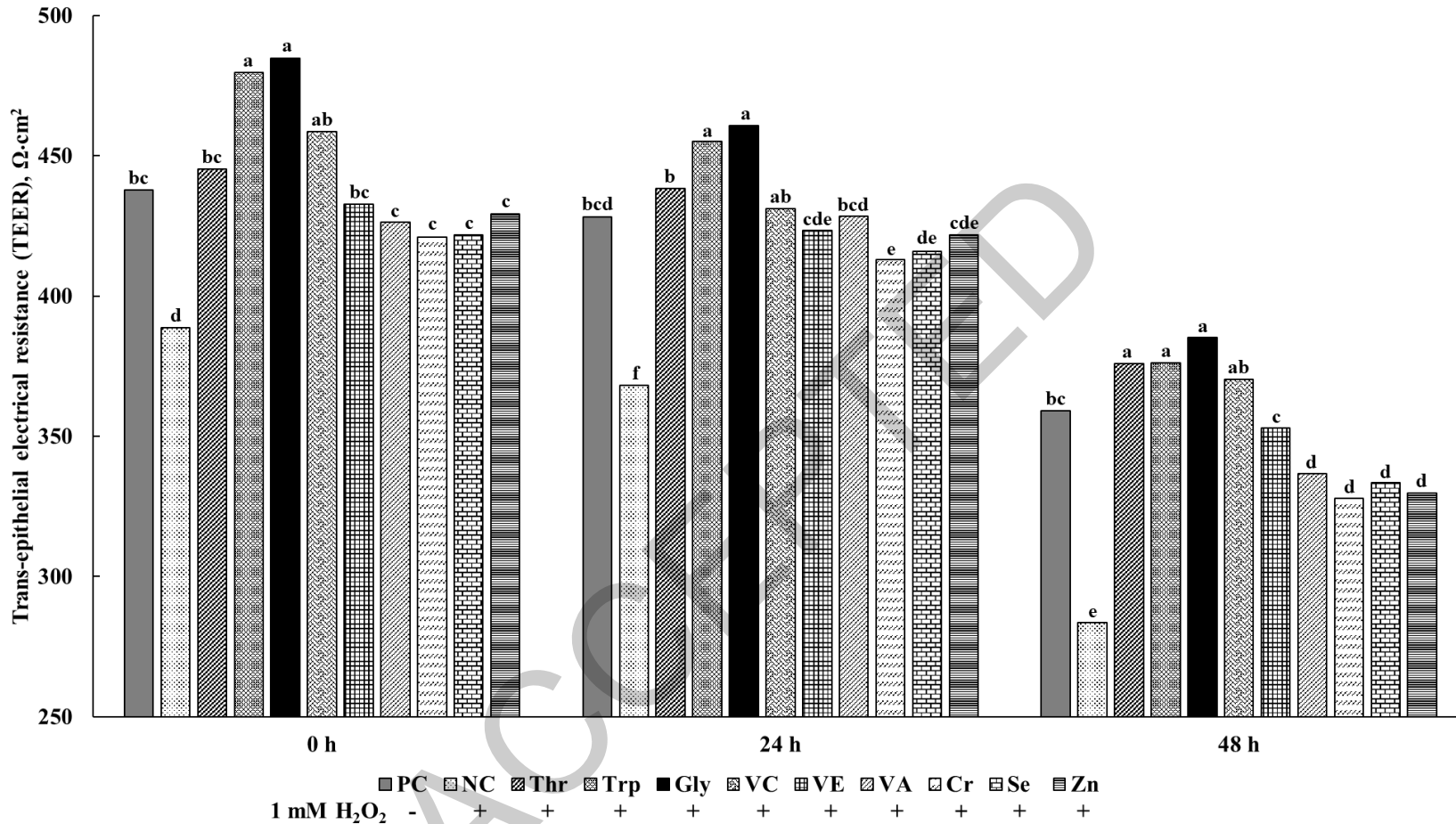


Figure 3. Effects of functional feed additives on trans-epithelial electrical resistance (TEER) of tight junction in chicken intestinal epithelial cells (cIECs) after oxidative stress. All data are presented as mean \pm SE (n=6). Bars with different letters were significantly different ($p < 0.05$). PC, positive control; NC, negative control; Thr, threonine; Trp, tryptophan; Gly, glycine; VC, vitamin C; VE, vitamin E; VA, vitamin A; Cr, chromium; Se, selenium; Zn, zinc.